QUARTERLY COORDINATION MEETING OF TOBACCO CONTROL CELL WITH VARIOUS COMMITTEES HELD AT WOKHA | DIPR Nagaland-Department of Information & Public Relations, Nagaland

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BY ADMIN

SEPTEMBER 22, 2020

Tobacco control cell, district level coordination committee, district level enforcement squad and flying squad, National Tobacco Control Programmed (NTCP) Wokha conducted its quarterly meeting at the official chamber of the Deputy Commissioner, Wokha on 22nd Sept 2020.

Dr.Daisy Ovung Sr.Dental Surgeon & DNO, NTCP Wokha who recently took charge as the new Nodal Officer NTCP, Wokha presented the quarterly report where she highlighted the activities undertaken from the month of April to September 2020 said three IEC campaign were conducted, price distribution for online poster painting competition, consultative meeting on tobacco prohibition, distribution of tobacco use & CIVID-19 flyers on Independence Day.

Ovung also stated that to study the pattern of tobacco use among the youth and to find the reasons for use Focus Group discussion (FGD) was conducted with youth leaders and adult community leaders where counselling to quit tobacco and pharmacotherapy were given to the participants and also emphasized on harmful effects of tobacco. Enforcement drive around schools and colleges was also carried out on 11th Sept 2020 where 15 defaulters were penalized for violation of COTPA under section 6 (B). Anti-tobacco advocacy campaign was also conducted in two villages.

She also highlighted the up-coming events like advocacy programmed in collaboration with Social Welfare department at Chukitong. 5 session of FGD with tobacco users in five colonies, 5 trainings with PRI/Teachers and NGOs and enforcement activities.

During the meeting the members suggested ways and means to strengthen the NTCP activities in the district.

PROGRAMME ON TOBACCO CONTROL HELD AT DIMAPUR | DIPR Nagaland-Department of Information & Public Relations, Nagaland

PROGRAMME ON TOBACCO CONTROL HELD AT DIMAPUR

SEPTEMBER 04, 2020



A Panchayati Raj Initiative on "Tobacco Control in times of Covid-19 Pandemic" was held at Panchayat Hall, Signal Angami Village organized by District Tobacco control Cell, Dimapur on 4.9.2020.

Speaking as resource person, District Nodal Officer, NTCP Dimapur, Dr. Reyosalu Lase Vizo highlighted that globally Tobacco kills eight million people every year. And especially during this Covid-19 Pandemic, the dangers of Tobacco habits need to be taken seriously as it can complicate Covid-19 situation both in terms of transmission and co-morbidities. Tobacco use in general has a higher chance of transmission of Covid-19 virus by hand to mouth contact and also through spitting which can lead to community transmission. Therefore Spitting in public is banned and is a punishable offence now.

A powerpoint presentation on "Management of Covid-19 dead body" was also presented where it was informed to the gathering that there is unlikely to be increased risk of Covid-19infection from a dead body to health worker or family if proper precautions according to SOP are taken, as the main source of infection is through droplets and a dead body cannot sneeze or cough.

The programme was chaired by Kezevi Natso, Youth President, and attended by Village Leaders, women leaders and Student leaders of the village.

Posters, Pamphlets and masks were distributed to the participants.

CAN, District Tobacco Control Cell (DTCC) organise anti-tobacco awareness programme | Nagaland Post

May 27, 2022

CAN Youth in collaboration with District Tobacco Control Cell (DTCC) under National Tobacco Control Programme (NTCP) organised anti-tobacco awareness programme on May 25 at River Belt School, Nagarjan.

In a press release, CAN Youth informed that resource person, psychologist, NTCP, Dimapur, Imkumla talked about the types of tobacco and the harmful chemicals in tobacco products. She said that cigarette contains 7000 chemicals and smokeless tobacco (gutka) contains 3095 chemicals, many of which are known carcinogens and how smokeless tobacco was dangerous but its ill effects often ignored.

Imkumla said today every 6 seconds someone dies from tobacco use and that about 7% who die of tobacco in years are of most productive age group from 30 – 39 years and 8 million people die globally in a year.

She also said that pregnant women who smoke will have three-fold increased risk of stillbirth and low birth and weight baby.

<u>Tobacco usages start as early as 15 years in Nagaland: DNO, NTCP Kohima | MorungExpress | morungexpress.com</u>

Tobacco usages start as early as 15 years in Nagaland: DNO, NTCP Kohima

Outreach Health Camp and Awareness Programme held at Mount Olive College

Kohima, October 6 (MExN): Youngsters start consuming either smoke or smokeless tobacco products as early as 15 to 24 years of age, informed Dr Arenla Walling, District Nodal Officer of National Tobacco Control Programme, Kohima on October 6.

Overall, about 43.3% of people use either smoke or smokeless tobacco products in Nagaland, she said, while addressing the one-day outreach health camp and awareness programme organised by the National Urban Health Mission (NUHM) in collaboration with the Health Committee, Red Ribbon Club and Anti-Tobacco Cell of Mount Olive College.

Pan masala with tobacco, betel quid with tobacco, khaini, bidi, gutkha are some of the commonly used tobacco products in Nagaland, she was quoted as saying in a press report of the event provided by the college.

Dr Walling also informed that smokeless tobacco user account for 39% of the total population while smokers constitute 13.2%. Both type users account for 8.9% out of the total population in the state, she added.

She also apprised how tobacco is causing premature mortality in the world and said that "tobacco is the only legally available substance which kills when it is used as intended."

The Nodal Officer also stated that one-third of the people are exposed to "secondhand smoke" and about 6 lakh people die yearly prematurely as a result of exposure to smoking.

Meanwhile, Ayang, Counsellor, Mobile Integrated Council and Training Centre (ICTC), Kohima, under District Aids Prevention and Control Programme, informed that despite a huge number of people in Nagaland having HIV infection, many do not turn up for getting tested.

She informed that the adult prevalence of HIV and AIDS in Nagaland is 1.45% as per NACO HIV Estimation 2019 while it is the second state with the highest number of HIV infections in the country.

The Counsellor also batted for getting timely tests for early treatment of HIV as timely medical intervention may lead a person to healthy and long life even if a person is detected positive for the virus.

She also informed about free medication and treatment for all HIV related cases at the Naga Hospital Authority Kohima.

Dr Bilva Yalie, Medical Officer Incharge of Urban Primary Health Centre (UPHC), Seikhazou, also called upon the educated masses to be responsible to live a healthy life for oneself and for others while reminding the need to visit hospitals in times of sickness.

She also urged for maintaining Covid appropriate behaviours as preventive measures against the dreaded virus.

She had also informed citizens and students among others to avail the free medical facilities including free general health service and free medicines and counseling to all kinds of ailments at the UPHC.

Swedezhono Tsükrü, the college principal commended the medical fraternity for rendering their services for the safety of the citizens especially through the most trying times, the release said.

While appreciating the medical team for enlightening on health related issues as well as conducting health check up for both the staff and students, she expressed optimism to strive to build a healthier society with the college with the continued guidance and support encouragement from the medical personnel. It added.

Department of Health & Family Welfare, Nagaland

Five erring persons penalised for defying COTPA Act (indigenousherald.com)

Five erring persons penalised for defying COTPA Act



Selling within 100 meters of school area is restricted under the Act Agency

KOHIMA, July 11 2022: The Cigarettes and Other Tobacco Products Act (COTPA) flying squad team leader led by officers of the Wokha Police Station including representatives from National Tobacco Control Programme (NTCP), DBs, Personnel Wokha police station and Women Police Station conducted a raid in and around schools premises to check the sale of tobacco products.

As per COTPA Act, the selling of any kind of tobacco products within 100 meters radius within the school area is restricted under the Act. The team after conducting the raid penalized five defaulters for non-compliance with the Act and the tobacco products were also seized. The seized tobacco products were destroyed the same day in presence of all the team members at the Wokha Police Station premises.

Further, it was informed that such kinds of raids will be conducted frequently and warned all shop keepers selling tobacco products within the restricted area to abide by the laid down Act, and warned that should they fail to abide by the COTPA Act, necessary legal action shall be initiated as per the provision of Law