

REPORT

Regional Level Capacity Building Workshop on NTCP for key Stakeholders/Programme Implementors of National Tobacco Control Programme



4th – 6th December 2019
Hotel Shivalik view, Chandigarh

Under the project entitled

**“Advancing tobacco control at national and sub-national level
through Capacity building, MPOWER implementation, and support
to National Tobacco Control Programme (NTCP)”**

Organised by

Department of Community Medicine & School of Public Health,
Post Graduate Institute of Medical Education and Research,
Chandigarh (India)



International Union Against
Tuberculosis and Lung Disease
Health solutions for the poor

Supported by

International Union against Tuberculosis and Lung Disease, New
Delhi

Introduction

The Regional Level Capacity Building Workshop on NTCP for Programme Implementors of National Tobacco Control Program was conducted Under the project entitled **“Advancing tobacco control at national and sub-national level through Capacity building, MPOWER implementation, and support to National Tobacco Control Programme (NTCP)”** Organised by Department of Community Medicine & School of Public Health, Post Graduate Institute of Medical Education and Research, Chandigarh (India) Supported by International Union against Tuberculosis and Lung Disease, New Delhi.

The Regional Level Capacity Building Workshop on NTCP for Programme Implementors of National Tobacco Control Program aims at capacity building of various personnel from different departments (Names with designation given below) of the project state conducted at Hotel Shivalikview, Chandigarh from 4th to 6th December 2019.

25 participants for four project states, namely, Meghalaya, Odisha, Telangana and Puducherry, and from Chandigarh attended it. We have invited the different Resource Persons are following:

- 1) Mr. Govind Kumar Tripathi – Union Technical Advisor
- 2) Dr. Sonu Goel – Professor, SPH PGIMER, Chandigarh
- 3) Ms. Aastha Bagga – Generation Saviour Association, Mohali
- 4) Dr. Garima Bhatt – PGIMER
- 5) Mr. Rajeev K Chaudhary – Project Coordinator, PGIMER
- 6) Dr. Nirlep Kaur – State Nodal Officer NTCP, Punjab

and the participants from project states are following:

- 7) Dr. Ajit Kumar Mohanty- Director, Public Health, Govt. of Odisha
- 8) Dr. Girija Sankar Mishra-State Consultant -NTCP, Odisha
- 9) Ms. Sushri Sujata Behera -Livelihood Expert, in Drug De-addiction Scheme, SSEPD, Department, Odisha
- 10) Dr. Bishwaranjan Purohit- State Program Officer, Tobacco Control Project, PGIMER, Chandigarh / AIIMS, Bhubaneswar
- 11) Sri. Sangana Anil Kumar-Project Officer, Urban Community Development, GHMC, Telangana
- 12) T.Vijaya kumar-Food and Safety Department, Telangana
- 13) Dr. Nulla Krishna- Asst Prof Community Medicine, Gandhi Medical College, Telangana
- 14) Mr. K Liangiah, Joint Director Model Schools, Telangana
- 15) Sirikonda Nagaraju -Program officer, Tobacco control department, Telangana
- 16) Dr Shravan Kumar, State Program Officer - Telangana & Puducherry
- 17) Mr. Lalsanglien – State Program Officer, Meghalaya
- 18) Dr. Lana E Lyngdoh Nongbri – State Nodal Officer NTCP, Meghalaya
- 19) Dr. Bibiana Kanti – District Nodal Officer NTCP East Khasi Hills district, Meghalaya

- 20) Dr. Priyanka, PHD Scholar, Department of Community Medicine & School of Public Health , PGIMER
- 21) Ms. Charu Sobti- Admin cum Accounts assistant, Tobacco Control Project, Department of Community Medicine & School of Public Health , PGIMER.

Proceeding

DAY 1: 4TH DECEMBER 2019

Registration of Participants:

The registration of participants was from 3:30 PM to 4 PM, which was followed by welcome address from Dr. Sonu Goel. The participants from various states were welcomed at the registration desk in a traditional way with a warm smile. The participants were badged with the workshop Logo by the members of organization team. Thereafter, they were formally registered and provided with conference kit which included a ID Cards, Agenda copy, Tobacco free times, Notepads and pen. The participants were allocated into 5 groups (Chandigarh, Telangana, Meghalaya, Odisha & Puducherry). He also provided an introductory session of the participants as well as gave a presentation on the project as an introduction.

Introduction of Project: (by Dr. Sonu Goel)

The overall purpose of the project is to strengthen policy and institutional framework of National Tobacco Control Program in four states of India namely Odisha, Telangana, Meghalaya and Puducherry through Capacity building, MPOWER implementation and monitoring, enactment of FCTC Article 5.3 policy and provide support to National Tobacco Control Programme(NTCP). In addition to this Dr. Sonu Goel specifies the objective of this meeting. Along with introduction main objectives & key deliverables were told by Dr. Sonu Goel. He ask participants to introduce themselves. Participants from different area of expertise like Education, State nodal officers, Health Department , Food safety departments were sensitized for Tobacco Control implementation in their own area of expertise.

Overview of NTCP:

After the introductory session, Mr. Govind Tripathi from The Union, presented presentation on NTCP and the initiatives taken by the Government of India to strengthen NTCP at National and State Level. He started by showing us the Statistics of 5.4 million people dies globally per year due to Tobacco use. He also showed a film on Tobacco free advocacy of 4 min and 40 seconds. After the film he emphasis on objectives of NTCP in 12th five year plan. He told that government has laid many policies in 12th five year plan but we are lacking behind in the part of implementation.

He further gave important information on NTCP (Structure). He explained how the state and central level distributed their responsibilities on the part of tobacco. He also told about the tobacco quit helpline number. How it will help once to quit the Tobacco. He also elaborated on CBSE guidelines on Tobacco use, World Lung foundation and concluded by saying that Tobacco is high priority area.

Now question answer session started:

1. Dr. Pushkar asked about the targets of the government?

For that Dr. Tripathi answered that it could be added pattern of controlling not eradication and to this Dr. Goel answered that it would not be feasible for the country like India.

Epidemiology of Tobacco use at National and Sub-National Level:

- The Session started by Dr. Goel explaining the history of evolution of the Tobacco use. He told that the Tobacco is inherited from the America to Europe and from Europe to everywhere. Tobacco is promoted at the time of World Wars I & II. He asked the question that why it is promoted at the time of wars? Everyone answers according to their knowledge but the true logic behind the promotion of tobacco during the world wars was to stop hankering of food. It was introduced by the Portuguese Merchant in 1600 AD. Later Mughals & East India Company popularized it. In 1948 Doll & Hill proved tobacco has negative health impacts. In 1958, **Harmond and Horn's** proved an association between smoking and increase death rates. He explains the various Tobacco use practices like Smoking Form and non-smoking form. He elaborated various types of smoking i.e. **Active/ first hand smoking, Second Hand Smoking and Third Hand Smoking.**
- In addition to this Dr. Sonu Goel emphasis on the factors influencing tobacco initiation. He showed the Burden of Tobacco-Epidemic Curve and Burden of Tobacco use: Global. Also he emphasised on the factors influencing tobacco initiation.
- The session was ended by explaining the **Implications of Tobacco Use in detailed by Dr. Goel**

DAY 2: 5TH DECEMBER 2019

The second day started with a recapitulation of day 1 by Dr. Lana E Lyngdoh Nongbri, SNO-NTCP Meghalaya and Dr. Surya, State Consultant-NTCP Pudducherry.

COTPA (Section 5 and 7)

Ms. Aastha Bagga presented on Section 5 and 7 of COTPA, which was followed by presentation from state representation of Meghalaya, Odisha, Pudducherry and Telangana on the progress on implementation of COTPA in their respective states. She explained the overall interpretation & Implementation of the Section 5 & 7 of the COTPA.

COTPA (Section 4, 6)

Mr. Govind Tripathy walks the participants through Section 4 and 6 of COTPA and the importance of these laws to curb the menace of tobacco use. He emphasised on COTPA as a tool for NCTP & enforcement of section 4 and 6. He elaborated section 4- which states prohibition of smoking in public places where public places have access whether as right or not except open auditorium, stadium, railway station, bus stop/ stand and other such places. He Highlighted that signage should include the name, designation, phone number of contact person for any complaints. In addition , Section 6 was briefed in which protection of minors was focused so as to reduce/ stop potential customers of tomorrow. He also explained

Section 6(A) where minors are not allowed to buy/sale tobacco products if below 18 years of age. He further added types of point of sale were discussed including point selling only tobacco products,

mainly tobacco products with other products, mainly other products with little tobacco products and movable point of sale.

- For section 6(B) related to educational institutions Dr. Tripathi explained that sale of tobacco products to be prohibited to 100 yards boundary of institute and fine of upto Rs. 200 for an offence.

Presentation by Meghalaya Team:

For the state of Meghalaya, SLCC has been constituted and DLCC is constituted in all 11 districts. However as only 4 districts i.e. East Khasi Hills, West Garo Hills, West Jaintia Hills and Ri-Bhoi districts are NTCP districts for the financial year 2019-20, the DLCC meetings were conducted in these districts. In the next financial year, all 11 districts will be NTCP districts. Two SLCC meetings have been conducted so far since the formation of SLCC in 12/03/2019. The four NTCP districts have also conducted their 1st DLCC meetings. State Consultant and Financial Consultant are in place at state level but they are also in charge of other programs. All other support staff at state and district level are yet to be recruited / appointed. Enforcement squads has been formed at District and Block Level in all 11 districts and it is planned to implement challan system and enforcement of COTPA in Police Bazar as a pilot project. Fine and Challan books have been provided to Health Department, Police and all the schools in which awareness programs have been conducted.

The following notifications and orders has been issued in the state of Meghalaya so far;

1. Head of A/c for depositing fines collected. Dt. 02/08/2009
2. Ban of Gutkha & Pan Masala. Dt. 02/08/2018
3. Notification authorizing police personnel not below the rank of Head Constable for enforcement of COTPA Sec 4. Dt. 22/01/2019
4. Constitution of SLCC. Dt. 12/03/2019
5. Letter to all health establishments to form TCC and declare their offices / institutions / establishments as tobacco free. Dt. 29/04/2019
6. Constitution of TCC in Williamnagar CH East Garo Hills. Dt. 22/05/2019
7. Constitution of TCC in Shillong Civil Hospital East Khasi Hills. Dt. 06/06/2019
8. Constitution of Special Committee WHO FCTC 5.3. Dt. 19/06/2019
9. Ban on ENDS. Dt. 21/06/2019
10. Constitution of DLCC (All 11 Districts). Dt. 21/06/2019
11. Notification for Implementation & Enforcement of COTPA Sec 4 & 6 (All 11 Districts). Dt. 06/06/2019
12. Notification for Implementation & Enforcement of COTPA Sec 6 in Williamnagar, East Garo Hills. Dt. 03/07/2019
13. Constitution of TCC in DHS. Dt. 04/07/2019
14. Constitution of Enforcement Squads at District & Block Level. Dt. 06/08/2019

There have been 5 trainings conducted at state level which was attended by 227 participants from different stakeholder departments like Health, Social Welfare, Police, Education, Municipal Board, Food Safety, Transport, Meteorology, NGOs and Local Headmen. At the district level, 8 trainings has been conducted which was attended by 224 participants like Doctors, NGOs, Principals / Headmasters, Police, Headmen and Transport.

All delegates while having tea break discussed the importance of COTPA & its implementation.

WHO FCTC Article 5.3 and the importance:

The next session was presented by Mr. Govind Tripathi on WHO FCTC Article 5.3 and the importance of abiding to the guidelines and recommendations of the said Article against tobacco industry intervention. He said that it was important to have a special committee in place at state level, to have a protocol and code of conduct for government officials at state level. He pointed out that in the project states it is only Meghalaya that have a special committee on WHO FCTC Article 5.3 in place and that other states should work on achieving it as well.

For the state of Meghalaya, a policy on FCTC Article 5.3 is in place with an Empowered Committee. The policy includes protocol and code of conduct for government staffs in dealing with representatives of tobacco industry. A sensitization workshop on WHO FCTC Article 5.3 have been conducted alongside 2nd SLCC meeting and it was attended by 33 participants.

TOBACCO CONTROL POLICY – WHO MPOWER.

The next session was presented by Dr Garima Bhatt, Research Scholar, SPH, PGIMER on the Tobacco Control Policy – WHO MPOWER. She started the session with an interactive quiz followed by sharing key highlights of various components of six policies of MPOWER. She also shared the best practices in each component of MPOWER undertaken by various nations across the globe along with status of MPOWER implementation in India. The session ended with an active question answer session.

Dr. Garima Bhatt presented on WHO MPOWER strategy to the participants and informed them about the best practices that has taken place in the countries that have ratified WHO FCTC.

The presentation was followed by presentation from state representatives on MPOWER status in their respective states. For the state of Meghalaya, Monitoring data such as GATS 1 & 2, NFHS 4 and DLHS 4 is available. Tobacco cessation centers is planned to be established in the next financial year. Enforcement squads at District & Block level has been constituted which involved departments such as Police, Health, Food Safety, Taxation, Customs, Transport, Education and Local Headman. Mass media campaigns has been conducted in local language at DDK and AIR. Tobacco products which does not have pictorial health warnings or other essential information in tobacco packs has been confiscated from time to time.

All participants leave for a lunch break from 1.30 to 2.15 PM.

Resource Centre for Tobacco Control - One Stop Solution

After Lunch the session was presented by Mr. Rajeev Choudhary, Project Coordinator on Resource Center and the importance of having a centralized resource portal for all resources concerning

tobacco control, which will be used by programme implementers, research scholars or anyone who is interested in tobacco control.

GST SESSION

Dr Aastha Bagga from GSA shared key highlights of GST and deliberated upon taxation slabs on various tobacco products. Further, she also mentioned about central and state specific GST. The session ended with an interactive session with the participants.

Ms. Aastha Bagga presented on the impact of GST on various tobacco products and revenue collections. This presentation was followed by presentation from the state representatives on their findings that shows that GST on various tobacco products have minimal or no impact at all.

A presentation on the findings of GST was made by all project states. The findings shows that GST has not influence the purchase and consumption pattern of tobacco users in the states.

The participants presented their state specific progress along with action plan development for the next budget year of the project. The team members from respective states comprehensively charted out their key activities on a Gantt chart and collaborations with other stakeholder departments.

Quick Energisers were carried out in between sessions, participants shared their learning and experiences with the delegates. The day ended with the Preparation of Action Plan.

DAY 3: 6TH DECEMBER 2019

The third day started with recapitulation from states representatives of Telangana and Odisha followed by a presentation from Dr. Sonu Goel and Dr. Nirlep Kaur on the best practices of tobacco control in different states of India and Tri-City region of Punjab, Haryana and Chandigarh. Dr. Nirlep Kaur added her practical experience in the implementation of the Tobacco Control in the tricity.

MISCELLANEOUS ACTS RELATED TO TOBACCO CONTROL

The next session was presented by Mr. Govind Tripathi on Miscellaneous Acts related to tobacco control. She stressed on the importance of integrating other acts such as Juvenile Justice Act, Motor Vehicle Act, Municipal Act among others for effective tobacco control.

Delegates enjoyed the cup of tea with discussion on the presentation on MISCELLANEOUS ACTS RELATED TO TOBACCO CONTROL by Mr. Govind Tripathy.

An open house discussion session was conducted involving all participants for effective implementation of tobacco control laws and also planning for the next phase of the project. All project states presented their planning for the next grant during the session.

For the state of Meghalaya, the plan was presented collectively by Dr. Lana E Lyngdoh Nongbri, Dr. Bibiana Kanti and Mr. Lalsanglien.

Vote of thanks (03:40- 03:45 PM)

Dr. Goel, Professor, presented the vote of thanks. He extended his sincere thanks to all the delegates. He also thanked all the facilitators of the program who have spared time for disseminating learning's from their immense experience. He appreciated the efforts of delegates of the workshop for their intensive hard work and keenness to learn during the sessions. Lastly, he thanked the entire team of the workshop for their hard work and enthusiasm.

The workshop was concluded with distribution of certificates and vote of thanks from Dr. Rana J Singh – Deputy Regional Director, The Union SEA.