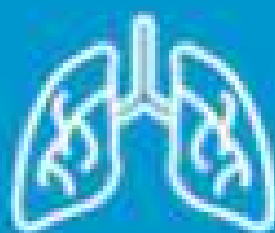




District Tobacco Control Cell, District Hospital, Mapusa, North Goa
Directorate of Health Services, Government of Goa
Email: dtcc@goa.gov.in

SAY NO TO TOBACCO IN THE TIME OF COVID-19... AND ALWAYS!

Smoking makes you more vulnerable to COVID-19.



Increased risk of
serious illness due
to unhealthy lungs



Higher chance of
transmission from
hand to mouth

So, stop smoking and give your lungs a chance!