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No- EDN-HE (21) F (9)-07/2019-Drug

Directorate of Higher Education.

Himachal Pradesh.

Tel: 01772653120 Extn.234 e-mail: genbr@rediffmail.com Fax: 2812882

Dated: Shimla-171001 the May, 2019

To

All the Deputy Director of Higher Education  
in Himachal Pradesh.

Subject: - **Regarding "Tobacco Free Zones"-policy implementation thereof.**

Memo:

Please find enclosed herewith a copy of DO received from Shri Vikas Sheel, Joint Secretary GOI dated: 03/05/2019 and from Secretary, Health, GOI dated: 20/11/2018 on the above captioned subject.

In this connection, as you are aware that 31<sup>st</sup> May is celebrated every year as World No Tobacco Day (WNTD) to sensitize people about harms of tobacco use. The theme for WNTD 2019 is "Tobacco and Lungs Health". Additionally Government of India has advised to adopt the Tobacco Free Zones policy to make all Government buildings Tobacco free. Therefore, you are hereby directed to issue all the necessary instructions to Celebrate World No Tobacco Day on 31<sup>st</sup> May, 2019 and to ensure that all the educational institutes under your jurisdiction (Govt. & Private) shall be made "Tobacco Free Zones" by 31<sup>st</sup> May 2019 as per the GOI policy.

**This may be treated as most urgent.**

sd -  
Joint Director of Higher Education(C)  
Himachal Pradesh.

Endst. No. Even Dated: Shimla-171001, May, 2019

Copy for information and further necessary action to:

1. The Principal Secretary (Edu) to the Government of Himachal Pradesh, Shimla-2
2. The Mission Director, National Health Mission, Shimla-9 w.r.t. letter no. HFW-HNHM (NCD)NTCP-IV Part-III 7194-99 dated: 14/05/2019.
3. The Superintendent IT Cell Directorate of Higher education, Himachal Pradesh, Shimla-1 with request to upload the same on Departmental website.
4. Guard file.

Joint Director of Higher Education(C)  
Himachal Pradesh.

शिक्षा निदेशालय उच्चतर शिक्षा

20 MAY 2019



विकास शील  
संयुक्त सचिव  
VIKAS SHEEL  
Joint Secretary



भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
निर्माण भवन, नई दिल्ली - 110011  
Government of India  
Ministry of Health & Family Welfare  
Nirman Bhavan, New Delhi -110011  
Phones : 23061481, 23063506 (T/F)  
E-mail : sheelv@nic.in

D.O. No. Z.16016/02/2019-TC

Dated 3<sup>rd</sup> May, 2019

*Respected Madam/Sir,*

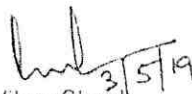
As you are aware that every year, '31<sup>st</sup> May' is observed as World No Tobacco Day (WNTD), highlighting the health and other risks associated with tobacco use, and advocating for effective policies to reduce tobacco consumption. This year, the theme of 'World No Tobacco Day 2019' is "Tobacco and lung health". World No Tobacco Day 2019 will focus on the multiple ways that exposure to tobacco affects the health of people's lungs worldwide, which includes Lung cancer, Chronic respiratory disease, maternal smoking or maternal exposure to second-hand smoke, onset and exacerbation of asthma, pneumonia and bronchitis, and frequent lower respiratory infection among young children; and Tuberculosis. A soft copy of the poster developed for WNTD will also be sent to you in a short while for further dissemination.

2. In order to raise awareness on risks posed by tobacco smoking and second-hand smoke exposure, especially awareness on the particular dangers of tobacco smoking to lung health and emerging evidence on the link between tobacco smoking and tuberculosis deaths, State/UT is requested to commemorate this year's World No Tobacco Day. An enforcement drive on tobacco control laws for at least 15 days, conversion and declaration of all Government building as Tobacco Free Premises; Building; awareness activities like road shows, street plays etc.; training of health staff in NCD clinics and starting Tobacco Cessation Services in the NCD clinics; integration of Tobacco Cessation Services with NCD clinics, are some of the suggested activities that may be carried out during this time.

3. I solicit your intervention and support to project together to the World, our strong commitment towards tobacco control

*with warm regards*

Yours sincerely,

  
(Vikas Sheel) 3/5/19

To,  
Additional Chief Secretary/Principal Secretary/Secretary (Health) of all  
States/UTs

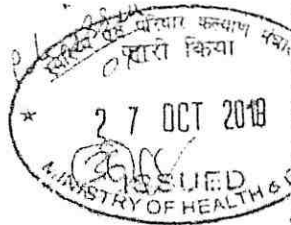
Copy to:  
State Nodal Officer (NTCP) of all States/UTs



प्रीति सूदन  
सचिव

PREETI SUDAN  
Secretary

31063 11



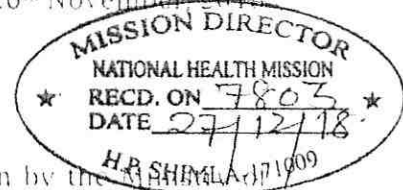
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CO			
MD			
विशेषज्ञ, प्रशासक			

Government of India  
Department of Health and Family Welfare  
Ministry of Health & Family Welfare

D.O. No. P.16012/06/2017- FC

Dated, the 20<sup>th</sup> November 2018

51542201  
6/12/18



Dear Chief Secretary,

I am writing to you with regard to a initiative taken by the Health and Family welfare in declaring the premises of Nirman Bhawan, New Delhi as "Tobacco Free Zone".

As you are aware, tobacco use is highly detrimental to health. It is a major risk factor for Cancer, Cardiovascular Diseases (CVD), Diabetes, Chronic Lung Disease, stroke, infertility, blindness, Tuberculosis (TB), Oral Cavity etc. To protect non-users from involuntary exposure to tobacco smoke, smoking in public place which includes all public offices, workplaces, canteen etc. has been banned under Section 4 of the Cigarettes and other Tobacco products (Prohibition of Advertisement and Regulations of Trade and Commerce Production, Supply and Distribution) Act (COTPA), 2003.

Thus, in the interest of public health and with a view to keep the building clean, contributing towards the "Swachh Bharat Swasth Bharat" campaign, the initiative was taken. As such smoking and spitting of tobacco in the premise of Nirman Bhawan is prohibited and is a punishable offence. A copy of the Circular for Tobacco Free Nirman Bhawan alongwith the Guideline for implementation of the "Tobacco Free Zone" policy is enclosed.

In this regard, it would be appropriate that all government buildings/offices of your State/UT are made tobacco free in order to protect public health. We would be happy to extend any technical support in this regard. I shall be thankful for your personal attention to the implementation of this policy.

Yours sincerely

(Preeti Sudan)

Encl: As above

Chief Secretaries of all States/UT's

Tele : (O) 011-23061863, Fax : 011-23061252, E-mail : secy@nhm.in  
Room No. 156, A-Wing, Nirman Bhawan, New Delhi-110011

SPO (Tobacco control)

20/12/18

Ms Shushma Arora

V.V. Imp.

28/12/18

CS-12 (B)  
As (Health) 2.

6/12/18  
SO(M-C)

F.No. 16012/06-2017-TC  
Ministry of Health and Family Welfare  
Government of India  
(Tobacco Control Division)

Nirman Bhawan, New Delhi  
Dated, the 8<sup>th</sup> November, 2017

CIRCULAR

"TOBACCO FREE NIRMAN BHAWAN"

The harmful effects of tobacco use are well established and accepted. Tobacco is a prominent risk factor for 6 to 8 leading causes of death and almost 90% of the Non-Communicable Diseases (NCD) including cancers, cardio vascular diseases and lung disorders are attributable to tobacco use. The number of deaths every year in India which is attributable to tobacco use is almost 8-9 lakhs.

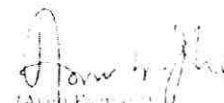
Whereas the Central Government has enacted the Cigarettes and other Tobacco products (Prohibition of Advertisement and Regulations of Trade and Commerce Production, Supply and Distribution) Act (COTPA) in 2003, to protect the youth and the masses from adverse harmful effects of tobacco use and Second Hand Smoking.

Whereas COTPA envisages protection of non-user from involuntary exposure to tobacco smoke, which specifically finds mention in Section - 4 of the Act that prohibits smoking in public place which includes all public offices, workplaces, canteen etc.

Whereas spitting of tobacco etc., leads to spread of swine flu, tuberculosis and pneumonia and gastro-intestinal diseases. TB Bacilli can survive in spit for an entire day which causes health problems to the public or nuisance to the people in general.

Whereas Section 268 of the Indian Penal Code stipulates that *a person is guilty of a public nuisance who does any act or is guilty of an illegal omission which causes any common injury, danger or annoyance to the public or to the people in general who dwell or occupy property in the vicinity, or which must necessarily cause injury, obstruction, danger or annoyance to persons who may have occasion to use any public right.*

Whereas in the interest of public health and with a view to keep the building clean, thus contributing towards the "Swachh Bharat Swasth Bharat" campaign, the premise of Nirman Bhawan is declared as "Tobacco Free Zone". As such smoking and spitting of tobacco in the premise of Nirman Bhawan are prohibited and the implementation of the "Tobacco Free Zone" policy are at Annexure.

  
Anil Kumar  
11/11/2017

**Guidelines for implementation of "Tobacco Free Zone"**

1. A board shall be displayed prominently at each entrance of the premises in all lifts and on different wings of each floor, with the following specifications:
  - a) The board shall be of a minimum size of 120 cm x 60 cm.
  - b) The board shall contain the following warning "Use of any form of tobacco in this premise is prohibited and is a punishable offence with fine up to Rs. 200/- in English or one Indian language, as applicable
  - c) The board shall display at the bottom the name and other details of the person(s) to whom a complaint may be made for violation.

**Prototype Board**

60 cm



Use of any form of tobacco in this premise is prohibited and is a punishable offence with fine up to Rs. 200/-



If you find anybody smoking/spitting tobacco please report to:

Name:.....

Designation:..... Telephone No:.....



To quit tobacco call 1800 11 2356 or give a missed call at 011-22901701



2. Gazetted Officer(s) should be identified to whom complaint should be reported and should be authorized to impose and collect the fine on violation. A challan/receipt book as in Annexure-I should be used for the fine.
3. Fine so collected may be deposited in the account of the Government / Department.
4. Board (Size: 120 cm x 60 cm) as specified below should also be placed at the main entrance of the premise.

120 cm

This Premise / Building is Tobacco Free



You are entering into the Tobacco Free Zone

Taking tobacco products inside the Premise / Building is prohibited



National Tobacco Library Programme  
Ministry of Health and Family Welfare

5. A box should be placed at each entry gate of the building. any person who possesses any tobacco product should put it in the box before entering into the premise