







National Summit on WNTD 2020 - Virtual



Theme:

Protecting youth from industry manipulation and preventing them from tobacco and nicotine use.

29th May 2020 | PGIMER Chandigarh

Organized by:

Resource Centre for Tobacco Control (E-RCTC)

under Department of Community Medicine & School of Public Health, PGIMER Chandigarh
In collaboration with

The Union South-East Asia (The Union) and Strategic Institute for Public Health Education and Research (SIPHER)





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FOREWORD

स्नातकोत्तर चिकित्सा शिक्षा एवं अनुसंधान संस्थान, चण्डीगढ़ - 160012 (भारत) POSTGRADUATE INSTITUTE OF MEDICAL EDUCATION & RESEARCH, CHANDIGARH-160012 (INDIA)

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DIRECTOR

Professor and Head of Ophthalmology



डॉ. जगत राम

एम. एस., एफ. ए. एम. एस.

निदेशक

एवं

प्राचार्य एवं अध्यक्ष, नेत्र विभाग.



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Foreword

Each year, over 7 million tobacco users die of tobacco-attributable diseases. This makes tobacco use a major public health concern leading to significant morbidity and mortality.

The World Health Organization (WHO) designates 31st May of each year as the World No Tobacco Day (WNTD). The WNTD theme for 2020 was "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use". It is quite evident that in recent decades, the tobacco industry has been deliberately adopting various tactics to attract youth to tobacco products.

This WNTD 2020 serves as a global counter-marketing campaign to unmask the industry and how it manipulates youth with different manoeuvres, including the use of youth-appealing flavours, attractive product designs, promotion claims of "harm reduction", sponsoring celebrities/influencers and brand events, and indirect marketing. This theme which focuses on "youth" and "tobacco industry interference" are two such domains that have always garnered the attention of tobacco control advocates and are the catalyst to the tobacco control movement.

I congratulate the organizers of this National Summit on World No Tobacco Day, 2020 conducted virtually on 29th May 2020. The Summit was widely attended by many speakers from different national and international organizations along with 600+ participants from India and 14 countries across the globe. This is an apt example of the unfettering spirit all tobacco control enthusiasts in these unique & special unprecedented times of COVID19. This initiative was one of its kind with uninterrupted seven hours of virtual sessions using various modalities (panel discussion, plenary sessions, symposium, oral presentation, and E-poster presentations) which kept the participants active and engaged. The best practices of tobacco control of some countries were also deliberated during the summit.

Best wishes

(Prof Jagat Ram)

PREFACE

"The cause of the tobacco control community may somber at times but shall never be defeated."



The World No Tobacco Day (WNTD) on 31st May marks the yearly celebration to draw global attention towards the epidemic of tobacco and

the preventable mortality and morbidity due to the menace. The WNTD, 2020 was more special for it saw the test of time in the COVID pandemic and lockdown era. Nonetheless, the crisis did not deter the spirit and enthusiasm of "tobacco control addicts".

The E-Resource Centre for Tobacco Control (E-RCTC) under Department of Community Medicine & School of Public Health, PGIMER, Chandigarh in collaboration with Strategic Institute of Public Health Education and Research (SIPHER) and The Union Southeast Asia (The Union) hosted the virtual National Summit on World No Tobacco Day, 2020 with WNTD's theme "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use". The summit was honored by the virtual of eminent dignitaries from ministerial offices from national & state level, various organizations, and agencies working tirelessly for the tobacco-free world. The response received across the forum was over 600+ registrations from India as well as countries of South East Asia Region such as Sri Lanka, Bangladesh, and the Maldives.

The National Summit focused on supporting youth to abstain from the usage of tobacco and related products, understand tobacco industry tactics, besides, to strengthen the National Tobacco Control Programme implementation in the country. The summit had seven sessions including a formal inaugural session, plenary session, symposia, panel discussion, short oral & e-poster presentations. Besides the summit witnessed presenters and participants across various domains viz. from policymakers to implementers, advocates, doctors, academia, researchers, and civil society groups.

The plenary session revolved around the WNTD theme. With this theme, the summit aimed to support the global campaign to unmask myths and expose manipulation tactics of the tobacco and nicotine industries, especially those deceive the youth; equip youth with the knowledge of the tobacco and nicotine industry's intention and tactics; and empower the influencers to protect the youth and fight against the tobacco. The Symposiums during the summit were centered on achieving Tobacco-Free Generation with national & global perspectives and emerging challenges & opportunities in the SEAR region. All SEAR countries are implementing the WHO MPOWER Package and Best Buys for the prevention and control of tobacco. However, the growing use of new and emerging products such as ENDS and sheesha/hookah, especially among the

PREFACE

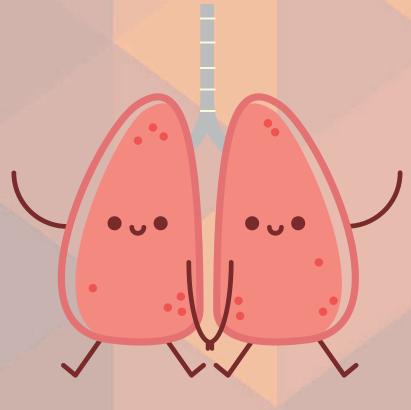
youth is posing a real challenge for the countries.

Different states of the country shared their journey of advancing the National Tobacco Control Programme in their respective states along with highlighting a few of their best practices. The panel discussion of the summit featured Smokeless Tobacco (SLT) /Pan Masala and spitting ban during COVID and beyond. It becomes very important in the current times of COVID-19 spread by spitting smokeless tobacco because of the increasing danger of COVID-19. pandemic.E-poster sessions highlighted case studies on tobacco industry interference.

The summit aimed at debunking myths and exposing devious tactics employed by the tobacco industry providing insight to young people to easily detect industry manipulation and empowering them to stand up against them for taking forward tobacco control in the world.

Dr. Sonu Goel

Professor & Director E-RCTC,
Department of Community Medicine &
School of Public Health,
PGIMER, Chandigarh



NO TOBACCO

EXECUTIVE SUMMARY

E-Resource Centre for Tobacco Control (E-RCTC) under the Department of Community Medicine & School of Public Health, PGIMER Chandigarh, Strategic Institute for Public Health Education and Research (SIPHER) and The Union South-East Asia (The Union) organized a National Summit to observe World No Tobacco Day 2020. Dr. RP Gupta, President, International College of Dentists, Section VI (India, Sri Lanka & Nepal); Dr. Ashok Dhoble, Hon. Secretary-General, India Dental Association, HO Mumbai; Dr. L Swasticharan, Addl. DDG, MOHFW, India; Ms. Vineet K Gill, National Professional Officer (TFI), World Health Organization, India Office, New Delhi; and Dr. Amarjeet Singh, Professor, and Head, Department of Community Medicine and School of Public Health joined the summit. Over forty experts in the field of Tobacco Control shared the international and national best practices with over 600 participants from across the globe.

Honorable Health Minister, Govt of Jharkhand, Sh Banna Gupta who was the Chief Guest enlisted various actions taken by the government of Jharkhand to curb the use of tobacco, including a ban on spitting which is especially dangerous as it leads to the spread of infections including Tuberculosis and coronavirus. Deliberations were held in seven sessions dedicated to various issues related to the theme of WNTD 2020, "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use".

The sessions were moderated by Prof. Sonu Goel, Department of Community Medicine & School of Public Health, PGIMER, Chandigarh/Director

E-RCTC, and Dr. Rakesh Gupta, President and Director of Public Health, SIPHER. A few key recommendations were made for the Ministry of Health and Family Welfare (MOHFW) and state Govts. after extensive deliberations amongst the experts.

Dr.P.C.Gupta, Director, Healis, Mumbai; Dr.Rana J Singh, Deputy Regional Director, The Union South-East Asia(The Union), New Delhi; Dr.Mira B Aghi, Behavioural Scientist; Mr.Praveen Sinha, NPO, WHOCO; Mr.Pranay Lal & Mr.Ashish Pandey, The Union; Mr.Md. Khairul Alam Shiekh, Joint Secretary, MoH, Govt of Bangladesh & Dr. Jagdish Kaur, WHO Regional Advisor (TFI) who are internationally acclaimed stalwarts, chaired the sessions.

Calling for a ban on Smokeless Tobacco and Pan Masala, which are the major problems in India and neighboring countries, Mr. Deepak Mishra, Executive Director of an NGO, SEEDS and Mr. Ranjit Singh, Legal Expert, New Delhi said, "It should be a top priority of governments and other stakeholders. The ban should continue beyond COVID as the spitting spreads many other diseases. Section 5 of COTPA prohibiting the indirect advertisement promoting tobacco products in a surrogate manner has to be strictly implemented. Further, tobacco-free public places need to be ensured.

Global Experts in tobacco control including Dr.Mahesh Rajasuriya, Director, University of Colombo, Sri Lanka; Dr.Nidhi Sejpal, The Union SEA; Mr.Aminul Islam Sujon, NTCC, Bangladesh; Mr.Hassan Mohamad, Director, Health Protection Agency, MoH, Govt of Maldives lauded India for

EXECUTIVE SUMMARY

banning E-Cigarettes and recommended that Act for banning E-Cigarettes should be strictly implemented by strengthening enforcement mechanism. It was also suggested that existing laws do not permit Hukkah bars, which are patronized mostly by youth, calling for action to be taken against them.

Mr.Ashish Pandey, TCD, The Union, New York, US; Dr. Monika Arora, Director, PHFI; Dr. Jagdish Kaur, Regional Advisor (WHO-TFI); Mr. Upendra Bhojani, IPH, Bengaluru; concluded that there is an urgent need for a National Policy on FCTC Article 5.3 to deal with TI interference. There was a need to build the capacity of young public health professionals to monitor Tobacco Industry interference.

While sharing the legal perspective on achieving Tobacco-Free Generation (TFG), Mr.Amit Yadav, UCSF, USA, Ms.Opinder Kaur, GSA; Dr.Selvarajan, Deputy Director Medical, Govt of Karnataka; underscored that more states should start exploring the TFG concept. A cut-off date eg.1st.January 2000 may be fixed, the children born after that date should not be sold tobacco products. The legal age to buy tobacco in any form should be increased to 21 years and Municipal corporations should issue exclusive Tobacco Vendor Licenses and they should not be allowed to sell any other product eg. confectionery or stationery etc.

Dr. L Rana J Singh, Deputy Regional Director (Tobacco and NCD Control), The Union (SEA) NEW Delhi, honored the presence of eminent dignitaries from ministerial offices from national & state level, various organizations and agencies working tirelessly for a tobacco-free world



NEED OF THE PROGRAM

In recent decades, the tobacco industry has been deliberately adopting various tactics to attract youth to tobacco products. Each year, over 7 million tobacco users die of tobacco-attributable diseases. World Health Organization (WHO) emphasizes that the tobacco industry manipulates youth with different strategies, including use of youth-appealing flavors, attractive product designs, promotion claims of "harm reduction", sponsoring celebrities/influencers and brand events, point-of-sale marketing at vending outlets frequented by children, and indirect marketing, etc. With the theme "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use", WNTD 2020 serves as a global counter-marketing campaign to:

- Unmask myths and expose manipulation tactics of the tobacco and nicotine industries, especially those deceive the youth.
- Equip youth with the knowledge of the tobacco and nicotine industry's intention and tactics
- Empower the influencers to protect the youth and fight against Big Tobacco.

KEY HIGHLIGHTS OF THE PROGRAM

- Short duration sessions.
- Easy to access.
- Practical and replicable.
- · Interactive session with active discussion.
- Quiz sessions in between for refreshment.
- Videos played in between the sessions regarding tobacco and its effects.
- Learning from India's experiences and best practices.

AIM

 To strengthen national and state level policies and programs and implement some new initiatives that will directly focus the youth globally to protect them from the tobacco industry manipulation.



OBJECTIVES

- To increase the knowledge of the participants about various Tobacco Control policies and programs focusing on youth.
- To build the capacity of healthcare workers in designing, implementing, monitoring, and evaluating various tobacco control interventions.
- To illustrate with best practices & experience, for replicate in their settings.
- To equip participants on appreciating gaps in the current scenario and envision future trends for effective decision making.

Schedule











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Resource Centre for Tobacco Control (E-RCTC) under Department of Community Medicine & School of Public Health, PGIMER Chandigarh in collaboration with

Strategic Institute for Public Health Education and Research (SIPHER) and The Union South-East Asia (The Union)

Dated 29th May 2020 at PGIMER Chandigarh



Timeline

Module

Chair/Speakers

INAUGURAL SESSION

10.00 am -10.40 am

Welcome Address

Prof. Sonu Goel, Department of Community Medicine & School of Public Health, PGIMER, Chandigarh/Director E-RCTC



Theme and Objectives of WNTD 2020 Conference

Dr. Rana J Singh, Deputy Regional Director (Tobacco & NCD Control), The Union (SEA), New

Address by Guest of Honour

Dr RP Gupta, President, International College of Dentists, Section VI (India, Sri Lanka & Nepal)





Address by Guest of Honour

Dr Ashok Dhoble, Hon. Secretary General, India Dental Association, HO Mumbai.



Address by Guest of Honour

Prof. Amarjeet Singh, Head, Department of Community Medicine & School of Public Health, PGIMER Chandigarh





Address by Guest of Honour

Ms. Vineet K Gill, National Professional Officer (TFI), World Health Organization, India Office, New Delhi



Keynote Address

Dr. L.Swasticharan, Additional Deputy Director General of Health Services, NTCP, Ministry of Health and Family Welfare, Government of India





Address by Chief Guest

Mr. Banna Gupta, Hon'ble Health Minister, Govt of Jharkhand



Tobacco Pledge

Vote of Thanks and No Dr. Rakesh Gupta, President and Director of Public Health, SIPHER



NCTOH 2020

Prof. Sonu Goel, Organising Secretory - 5th National Conference on Tobacco or Health (NCTOH)



Schedule











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Module

Chair/Speakers

PLENARY SESSION ON WNTD THEME

Protecting youth from industry manipulation and preventing them from tobacco and nocotine

10.40 am to 10.45 am

NATIONAL ANTHEM (Recorded)

10.45 am to 11.00 am

Mobility Break/Quiz

TECHNICAL SESSION

11.00 am to 11.45 am

Plenary Session on WNTD Theme:

Chair: Dr Parkash Gupta, Director, Healis - Sekhsaria Institute for Public Health, Mumbai and





Dr. Rana J Singh, Deputy Regional Director (Tobacco & NCD Control), The Union (SEA), New Delhi

Moderator: Prof. Sonu Goel, Department of Community Medicine & School of Public Health





Speakers (7 Minutes each):

- Dr. Monika Arora, Director Health Promotion Division & Additional Professor, Public Health Foundation of India, New Delhi
- Dr Upendra Bhojani, Director, Institute for Public Health, Bangalore





- Mr. Ashish Pandey, Deputy Director (Tobacco Control), The Union, New York, USA
- Ms. Vaishakhi Mallik, Associate Director (India), Vital Strategies, New Delhi, India



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Timeline

Module

Chair/Speakers

SYMPOSIUM - 1

Achieving Tobacco Free Generation-A Global and National Perspective

11.45 am to 12.00 pm

Mobility Break/Quiz

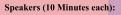
12.00 pm to 12.45 pm

Symposium 1:

Chair: Dr. Mira B Aghi, Behavioural Scientist,



Moderator: Dr. Rakesh Gupta, President and Director of Public Health, SIPHER





- Dr. Selvaraj Markandan, Deputy Director Medical, Karnataka State Anti-Tobacco Cell Health: TFG initiative by Govt of Karnataka
- Ms. Opinder P Kaur, President, Generation Saviour Association, Mohali,
- Dr. Amit Yadav, Post-Doctoral Scholar, Centre for Tobacco Control Research and Education, University of California, USA



12.45 pm to 1.00 pm

Mobility Break/Quiz

SHORT ORAL PRESENTATIONS

Advancing National Tobacco Control Programme (NCTP)

1.00 pm to 1.45 PM

Short Oral Presentations: State level (05 states of 8 minute each plus

discussion)

Chair: Dr. L.Swasticharan, Additional Deputy Director General of Health Services, NTCP, Ministry of Health and Family Welfare, Government of India and





Mr. Praveen Sinha, National Professional Officer, World Health Organization. India Office, New Delhi

Schedule











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Timeline

Module

Chair/Speakers

PANEL DISCUSSION

Smokeless Tobacco (SLT)/Pan Masala and spitting ban during COVID and beyond

Moderator: Prof. Sonu Goel, Department of Community Medicine & School of Public Health



Speakers:

State Nodal Officers/State Consultants/TC implementers and experts, Academia: UP, Jharkhand, J&K, Karnataka and Punjab

1.45 pm to 2.30 pm LU

2.30 pm to 3.15 pm

LUNCH BREAK

Panel Discussion: Chair: Mr. Pranay Lal, Senior Technical Advisor, The Union, SEA Office and





Mr. Ashish Pandey Deputy Director (Tobacco Control), The Union, New York, USA.

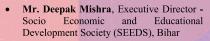
Moderator: Dr. Rakesh Gupta, President and Director of Public Health, SIPHER



Panellists (No Presentation required):



• Mr. Ranjit Singh, Legal Expert, New Delhi, India





- Dr. A
 - Dr. Alok Kumar, Joint Director (Health)
 /Nodal Officer Tobacco Control,
 Lucknow- U.P



• **Dr. S N Dholpuria**, Joint Director Rural Health/Nodal Officer – NTCP Rajasthan

3.15 pm to 3.30 pm

Mobility Break/Quiz

Schedule











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Timeline

Module

Chair/Speakers

SYMPOSIUM - 2

Regional Session: Emerging Challenges and Opportunities

3.30 pm to 4.15 pm



Chair: Dr. Jagdish Kaur, Regional Advisor, Tobacco Free Initiative, WHO Regional Office -SEA, New Delhi



Moderator: Prof. Sonu Goel, Department of Community Medicine & School of Public Health, PGIMER Chandigarh

Speakers (7 Minutes each):

 Dr. Mahesh Rajasuriya, Director, CCT, University of Colombo, Sri Lanka: Monitoring TI Interference in SAARC region





- Mr. Syed Mahbubal Alam Tahin Technical Advisor, The Union Bangladesh: Tobacco Vendor Licensing (TVL) - Bangladesh experience
- Dr. Nidhi Sejpal, Senior Technical Advisor, Tobacco Control, The Union SEA office: Tobacco Vendor Licensing (TVL)-Experience from India





 Mr. Hassan Mohamad, Director, Health Protection Agency, MoH, Govt of Maldives

E-POSTERS PRESENTATION

Tobacco Control and NTCP

4.25 pm to 5.00 pm

E-Poster Presentation:
(08 posters of 05 minutes each plus discussion)

Chair: Prof. Sonu Goel, Department of Community Medicine & School of Public Health, PGIMER Chandigarh and



Dr. Rakesh Gupta, President, Rajasthan Cancer Foundation. HoD, Deaddiction Dept. & Honorary consultant, Tobacco Treatment, Santokba Durlabhji Memorial Hospital and Medical Research Institute, Jaipur, Rajasthan

Moderator: Dr. Nidhi Jaswal

Speakers: Poster presenters



5.00 pm to 5.10pm

Vote of thanks and key recommendations of virtual SUMMIT.

Dr. Rana J Singh, Deputy Regional Director (Tobacco & NCD Control), The Union (SEA), New Delbi



Facilitators



Organising Team Members









National Summit on WNTD 2020 - Virtual

Dated 29th May 2020 at PGIMER Chandigarh

Protecting youth from industry manipulation and preventing them from tobacco and nicotine use.



Mr Rajeev Choudhary Project Coordinator-RCTC PGIMER



Dr Kritika Upadhya Jr. Demonstrator PGIMER



Dr Garima Bhatt PhD Scholar PGIMER



Ms Surbhi Sharma PGIMER



Dr Kanika Mehta Program officer - RCTC PGIMER



Arshdeep Singh Project Officer PGIMER



Ms Gurleen Malhotra Finance cum Admin Officer PGIMER



Anuj Kaushal Finance cum Admin Officer PGIMER



Mr Saurabh Sharma RCCM Consultant **PGIMER**



Website: www.rctcpgi.org Follow us on PRCTCPGI FRCTCPGI





Participants











Over 600 participants Voicing against tobacco
On Single Platform: WNTD 2020

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States	Numbers
Andhra Pradesh	10
Assam	8
Bihar	8
Chandigarh	70
Chattisgarh	32
Delhi	54
Goa	5
Gujarat	12
Haryana	38
Himachal Pradesh	
Jammu & Kashmi	11
Jharkhand	14
Karnataka	23
Kerala	8
Madhya Pradesh	10
Maharashtra	34
Manipur	1
Meghalaya	6
Mizoram	3
Odisha	12
Puducherry	5
Punjab	68
Rajasthan	56
Tamil nadu	28
Telangana	14
Tripura	5
Uttar Pradesh	26
Uttarakhand	8
West Bengal	16

Participating Countries











Over 600 participants Voicing against tobacco
On Single Platform: WNTD 2020

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COUNTRIES	
Countries	Numbers
Australia	2
Bangladesh	1
Kenya	1
Kyrgyz Republic	1
Nepal	2
Nigeria	2
Paraguay	1
Saudi Arabia	1
Sri Lanka	2
United States	2

PROGRAM EXPECTATIONS



- Insights from eminent experts from various national and international organizations.
- Sharing experiences and best practices amongst academics, research, and implementation of policies with non-govt. Organizations.
- Easy accessibility to speakers for doubts and future networking opportunities.
- Seamless presentation and connectivity throughout the summit.
- Interactive modes of learning.

Organization Level

- Potential for application of best or replicable practices in an organization.
- Networking for potential collaborations in the future.

EXPECTATIONS FROM THE PARTICIPANTS

BEFORE THE PROGRAM

Prior testing of audio and video display Check that YOUTUBE is working on your system Clear your temporary internet files and cookies from browser history

DURING THE PROGRAM

Regular attendance during the course

Submission of query in the suggestion box with his/her name & country

Following of RCTC on social networking site

AFTER THE PROGRAM

Submission of overall feedback at the end of the course to RCTC

Introduction to the Program

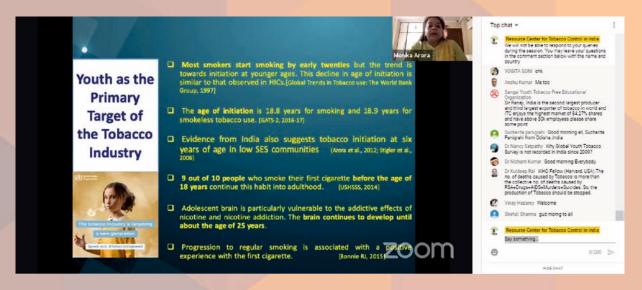
Dr. Sonu Goel, Professor, Health Management, Department of Community Medicine and School of Public Health, PGIMER, Chandigarh

Dr. Sonu Goel, Professor, PGIMER began the program proceedings by welcoming the participants. While giving the program overview, he explained the context, objectives, outcomes, and expectations of the participants. The instructions for attending the Summit were laid down during the presentation. A glorious glimpse of programs held under the Resource Centre for Tobacco Control (RCTC) in the past few years was also demonstrated to the participants.

Plenary Session 1: WNTD THEME

Session 1: Protecting youth from industry manipulation and preventing them from tobacco and nicotine use

Dr. Monika Arora, Director and Professor, Public Health Foundation of India, New Delhi



Dr. Monika Arora began her session by highlighting the importance of research to inform policies and meaningfully engaging youth in Tobacco Control. According to the research cited by her, the adolescent brain is particularly vulnerable to the addictive effects of nicotine and nicotine addiction. According to a report "9 out of 10 people who smoke their first cigarette before the age of 18 years continue this habit into adulthood," she noted. She concluded the session with a keynote that tobacco and COVID pandemic are quite alike as both the pandemic are gradually grippling the world in its claws and there is an urgent need to flatten the curve.

Session 2: Tobacco Industry, Youth & tobacco Control

Dr. Upendra Bhojani, Director, Institute of Public Health, Bangalore



The focus of Dr. Upendra's presentation was to articulate the variety of tactics the tobacco industry uses to attract youth. Dr. Upendra Bhojani claimed that the tobacco industry is invisible, often in its literal sense, omnipresent, and catches a very specific audience which is likely to benefit them. He added that its really difficult even for the researchers to visualize the tobacco industry as they often work through various front groups. He said that a sea change is required in the form of strong awareness in the society where tobacco is pursued as a social norm.

Session 3: Harnessing the power of strategic social media campaigns for protecting youth from industry manipulation

Ms. Vaishakhi Mallik, Associate Director (India), Vital Strategies, New Delhi, India

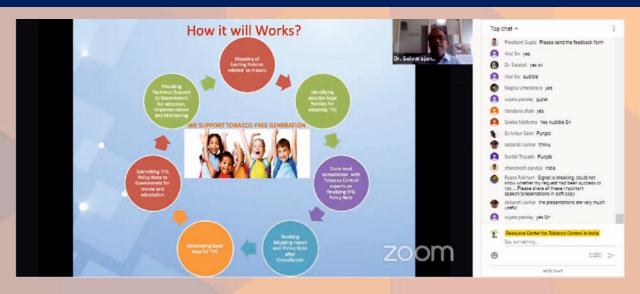


Ms. Vaishali Mallik threw light on the tobacco industry interference and tactics in India especially the illegal distribution and cross-border smuggling to deter policies on raising taxes. Speaking on the global campaigns for tobacco, Ms. Mallik said that such campaigns encourage youth to be adventurous, taking risks, and trying new things. Further, she discussed the different ways of industry targeting youth e.g. sale of tobacco products on retail websites, promotion of tobacco products in online streaming platforms, etc. She concluded her session by emphasizing on the ways to counter TI interference viz. use data to highlight health harms and put real stories/case studies of tobacco affecting people/community.

Symposium 1: Achieving Tobacco-Free Generation-A Global and National Perspective

Session 1: Tobacco-Free Generation – A Step towards Protecting Minors from Tobacco Products

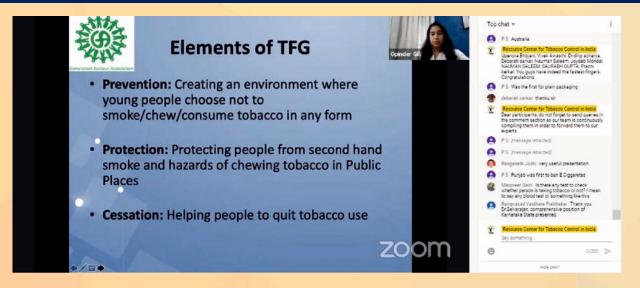
Dr. Selvaraj Markandan, Deputy Director Medical, Karnataka State Anti-Tobacco Cell Govt. of Karnataka, Bangalore



Dr. Selvaraj primarily discussed the scenario of tobacco control in the state of Karnataka. Explaining the need for Tobacco-Free Generation initiative, he also discussed that 3.7% of youth between the age group of 15-17 years are consuming one or the other form of tobacco products. He further underlined the finding of GATS, which showed 23.9% of adults are exposed to second-hand smoke. Further, he advocated the policy for Tobacco-Free Generation suggesting restricting the access of sale and promotion of any kind of tobacco and pan masala to minors. Under this policy, by the next 3 months, a draft copy of the Tobacco-Free Generation road map will be submitted to the government for review and consideration, he concluded.

Session 2: Elements of Tobacco-Free Generation

Ms. Opinder P Kaur, President, Generation Saviour Association, Mohali, Punjab



In session 2, of the Symposium 1 on Tobacco-Free Generation, Ms. Opinder K Gill, steered the listeners on the measures taken by Generation Saviour Association, in partnership with the Union for Tobacco-free Generation. Besides, she epitomized about basic elements of TFG i.e. Prevention, Protection, and Cessation. In addition to this, she informed the participants about the COVID-19 and tobacco control Interventions in India. Furthermore, she briefed on a major initiative taken up by the Ministry of Health, GOI which issued an advisory to States to raise awareness on adverse effects of smoking in April 2020. She encapsulated the session by stating that ICMR has appealed to the public to refrain from consuming smokeless products and spitting in public places during Covid-19.

Session 3: Tobacco-Free Generation – Legal Perspectives and Challenges Mr. Amit Yadav, Post- Doctoral Scholar, Centre for Tobacco Control Research and Education, University of California, USA

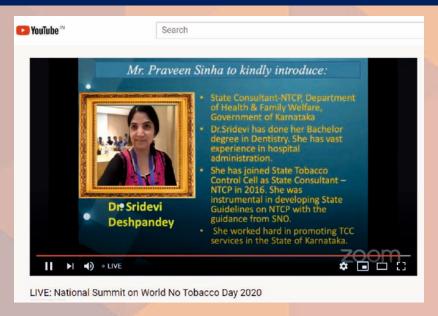


Mr. Amit Yadav unfolded his conversation by briefing the participants on history and description of the Tobacco-Free Generation. He further listed down the various legal perspectives and challenges under the Tobacco-free generation. He emphasized the fact that tobacco products should not be sold to anyone below the age of 18. This would eventually help in achieving the actual Tobacco-Free target and will help in eliminating the threat of experimentation, addiction, disease, and premature deaths caused by tobacco products. Besides this, he also addressed some challenges which needed to be overcome to achieve the dream of Tobacco-free generation.

Short Oral Presentations: "Advancing National Tobacco Control Programme (NTCP) at the state level"

Session 1: Effective Implementation of National Tobacco Control Program in Karnataka

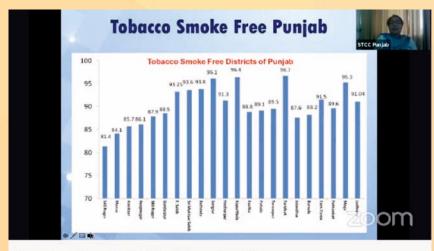
Dr. Sridevi Deshpandey, State Consultant-NTCP, Department of Health & Family Welfare, Government of Karnataka, Bangalore



Dr. Sridevi Deshpandey began her session by briefing about the evolution of National Tobacco Control Program in Karnataka. Then she described the progression of NTCP activities from 2017-18 to 2019-20 FY. She subsequently stressed upon the number of COTPA violation cases that were booked by the Karnataka state(1,43,243) which was highest in the number across the country in 2016-17. The expansion of TCC services was made to 30 districts for the advancement of NTCP in Karnataka, she added. She also drew attention to the fact that Karnataka became the second state in India to Ban E-Cigarette after Jharkhand. She zeroed in on the 'Rose Campaign', which was India's first Campaign on Tobacco-Free Educational Institutions and it was led by students and teachers.

Session 2: Advancing NTCP at State Level – Punjab

Dr. Nirlep Kaur, State Nodal Officer - NTCP and National Oral Health Program, Punjab



LIVE: National Summit on World No Tobacco Day 2020

Dr. Nirlep's stretch revolved around the various initiatives taken by Punjab State for Advancing NTCP. She spoke at length about the Institutional arrangements concerning tobacco control at the State and District levels. She reviewed some of the achievements of Punjab in regard to the strengthening of NTCP at State Level. Further, she added that a total of 1,89,585 Challans were issued from 2008-2020 under COTPA-2003. "12 Districts of Punjab have banned the sale of smokeless tobacco, Pan masala, etc till date during COVID 19 pandemic," she claimed. She further mentioned the great initiatives taken up by the Punjab Government for establishing Tobacco Cessation centers in all districts, which are and will contribute to achieving the Tobacco-Free Generation. She concluded saying that important steps will be taken to curb tobacco menace and to strengthen NTCP at the state level.

Session 3: National Tobacco Control Programme in Uttar Pradesh

Dr. Alok, Joint Director (Health) /Nodal Officer - Tobacco Control, Lucknow- U.P

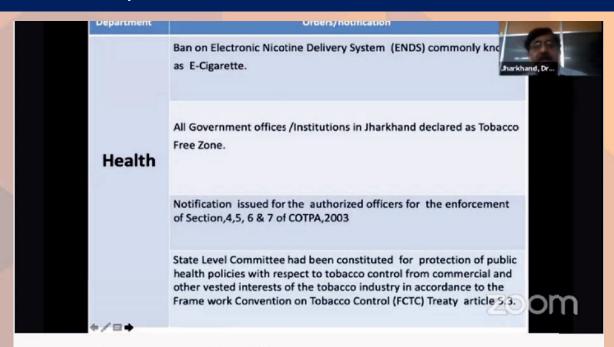


LIVE: National Summit on World No Tobacco Day 2020

Dr. Alok spotlighted the programs and the initiatives undertaken by the UP Government. To curb the use of tobacco/nicotine in the state, several elements of NTCP were highlighted. Further, he appended to his speech that a robust framework is needed for the State, District, and Sub-District level for the implementation of NTCP guidelines. "The capacity building of State Nodal Officers and the training sessions are being regularly held. Various circulars and orders have been passed by higher authorities following tobacco control," he noted. He went ahead by informing the participants about the Yellow line campaign, launched on October 2, 2018, throughout the state of U.P. He further discussed that the state government has also launched the "Freedom from Tobacco" campaign in continuation of the line campaign. He further assured that there would be regular reviewing of NTCP at the state level.

Session 4: Advancing National Tobacco Control Programme (NTCP) in Jharkhand

Dr. Lalit Ranjan Pathak, State Nodal Officer, NCD State NCD Cell, Jharkhand



LIVE: National Summit on World No Tobacco Day 2020

Dr. Lalit Ranjan Pathak commenced the session by discussing the prevalence of the use of tobacco in Jharkhand. Referring to GATS (2009-10,2016-2017) he noted that a significant decrease in tobacco and smokeless tobacco was seen in the state of Jharkhand. He also explained the institutional arrangement of NTCP in Jharkhand. Further, he enlisted major steps taken up by different departments for the implementation of NTCP and enforcement of tobacco control laws. He concluded the session with a keynote that "Take care of your body, for it is the only place to live in."

Session 5: Advancing National Tobacco Control Programme (NTCP) in Chattisgarh

Dr Deeksha Puri, State Project Manager, The Union, Chhattisgarh



LIVE: National Summit on World No Tobacco Day 2020

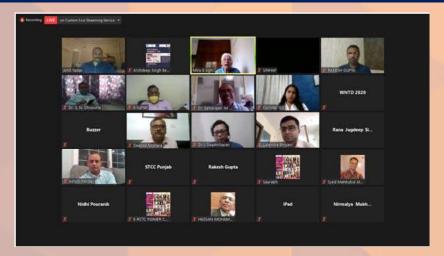
Dr Deeksha Puri began the session by highlighting the NTCP status in Chhattisgarh. The program began in 2012-13 in the state and has covered all the 27 districts till now, as per the program's guidelines. Mentioning the achievements under NTCP, she highlighted that the Jashpur Nagar has become the first city in the state to be declared smoke free on 26th January 2020 and Bilaspur became the 1st district to act against the e-cigarettes ban. "3844 school awareness programs had been done by the districts and 1500 challans have been booked under sections 4 and 6 of COTPA so far," she added. She summed up the session by ensuring to strengthen the activities in order to achieve the goal of Tobacco-free generation.



PANEL DISCUSSION: Smokeless Tobacco (SLT) /Pan Masala and spitting ban during COVID and beyond

Session 1

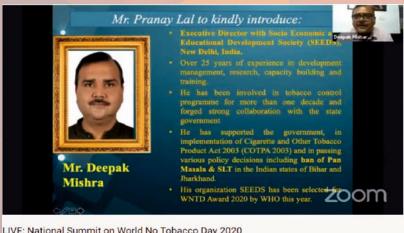
Mr. Ranjit Singh, Legal Expert, New Delhi, India



Mr. Ranjit Singh began the session by stating that smokeless tobacco is the most relevant topic in regard to tobacco control in today's era. He appreciated the coordination at the district, state, and national levels, Old laws related to smokeless tobacco ban were effectively applied during the Covid-19 pandemic, he claimed. Mr. Ranjit said that we are still striving for some new laws related to the tobacco ban from the past two decades, however, old anti-spitting laws in some states have been effectively implemented amid Covid-19. Mr. Ranjit Singh wonderfully ended the session by emphasizing strengthening some more laws which are lying dormant right now which will further help in attaining a tobacco-free world.

Session 2

Mr. Deepak Mishra, Executive Director with Socio-Economic and Educational Development Society (SEEDS), New Delhi, India.



Mr. Deepak Mishra commenced the session by reviewing the various initiatives taken by the Government during the Covid-19 pandemic for tobacco control. He emphasized the fact that from the last two and a half months the government is not only working for COTPA but has also collaborated with other laws like Food and Safety Drug Act, Juvenile Act; which has further helped in curbing the pandemic to a small extent. He cited that the Ministry of Health, GOI has first time banned the sale of tobacco products as it has been considered as one of the major factors in spreading the pandemic. He concluded the session by assuring to have some good collaborations with other programs which will help in achieving a tobacco-free world.

Session 3

Dr. Alok, Joint Director (Health) /Nodal Officer - Tobacco Control,
Lucknow- U.P



Mr. Alok's session primarily focussed on the theme of World No Tobacco Day 2020 i.e. "Preventing Youth from Industry Manipulation". He discussed the various tactics adopted by the tobacco industry to approach the public. He explained that to attract the public they use social-political interventions, commercial interventions by indirect marketing, surrogate advertising, direct advertisement without statutory warnings on social media platforms and on different streaming apps through which youth gets attracted and manipulated. He emphasized on the need to combat the tobacco industry's interference to protect the youth from exploitation.

Session 4

Dr. S.N. Dholpuria, Joint Director of Rural Health/Nodal Officer - NTCP, Rajasthan



Dr. S.N. Dholpuria's session revolved around the implementations carried out in Rajasthan to curb smokeless tobacco during Covid-19. He stated that the latest budget of the state included the warning: tobacco consumption is injurious for the health of youth; which is needed to be highlighted on the different tobacco products packaging. He further added that all the drugs inspectors were directed to investigate the chemicals found in pan Masala and then to discontinue the use of harmful chemicals. He said that awareness campaigns, especially for the youth, were conducted by the Rajasthan government for awareness on the harmful effects of tobacco. He added that the campaigning also got recognition by WHO. He ended his session by concluding that such campaigns should be conducted at regular intervals for the betterment of society.

Symposium - 2: Regional Session- Emerging Challenges and Opportunities

Session 1: Emerging Challenges and Opportunities, Sri Lanka, CCT and SARC-CCT

Dr. Mahesh Rajasuriya MD (Psychiatry) Founding Director, Centre for Combating Tobacco (CCT) Sri Lanka



Giving a concise description of the emerging challenges and opportunities in Sri Lanka and South Asia, Mr. M Rajasuriya, presented a comprehensive picture of the tobacco industry interference during the COVID pandemic in both the regions. He further reviewed colossal initiatives led by the different regions to curb the Covid-19 situation were reviewed. He highlighted that the British American Tobacco Bangladesh has launched an in house sanitizer and donated Personal Protection Equipment (PPEs) for public hospitals. He concluded saying that the Indian Tobacco Company (ITC) formed a COVID contingency fund and delivered its food brands to homes in India.

Session 2: Introducing Licensing For Tobacco Sales In Bangladesh Mr. Syed Mahbubal Alam- Technical Advisor, The Union, Bangladesh



Mr. Syed's session was extensively focussed on the importance of tobacco vendor licensing. He called out for ensuring the effective implementation of different provisions of the Smoking and Tobacco Products Usage (Control) Act, 2005, licensing. He revealed a model project of 12 months (01 April 2016 to 31 March 2017) that has been taken up in 18 Municipalities and 5 City Corporations in 22 districts of 2-Division (Khulna and Dhaka of Bangladesh) to introduce tobacco licensing. The overall purpose of the project was to control unregulated trade and random selling of tobacco commodities, through formulating and adopting local policy guidelines under a licensing system.

Session 3: Tobacco Vendor Licensing: An effective enforcement tool in Tobacco Control Policy (Experiences from India)

Dr. Nidhi Sejpal Pouranik, Senior Technical Advisor – Tobacco Control-The International Union Against Tuberculosis and Lung Disease, New Delhi



Dr. Nidhi sprung the session by discussing the tobacco burden in India. According to the Global Adult Tobacco Survey 2016-17, she intimated that the country has made significant progress towards tobacco control, however, the overall burden of tobacco consumption continues to remain very high. Recognizing the growing menace of the tobacco epidemic, the central government enacted various acts to curb tobacco usage in the country. She summed up the session by highlighting tobacco vendor licensing as a window for a Tobacco-free generation.

Session 4: Emerging Challenges and Opportunities

Mr. Hassan Mohamad, Director, Health Protection Agency, MoH, Govt of Maldives



Mr. Hassan Mohamad's session pointed towards emerging challenges and opportunities for tobacco control locally and globally. He further enumerated that the industry will continue to produce new products which will be the biggest challenge for tobacco control advocates. He further stated that Covid-19 is curving out new emerging slots, both for controlling and promoting tobacco use. He added that it's a moment for the government to take steep actions in favor of tobacco control. He added that the tobacco industry might hijack the policy and research agenda to create doubt on proven science measures used for tobacco control, which will be the emerging challenge for all tobacco control advocates worldwide.

E-Posters Presentation-Tobacco industry Interference

Session 1: Effective Mitigation of Tobacco Industry Interference A case study from Karnataka

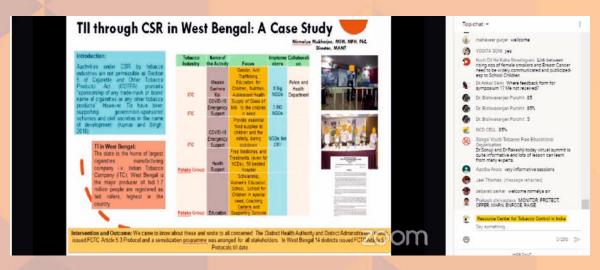
Mr. Mahanthesh, Divisional Coordinator, The Union/STCC, Karnataka



Mr. Mahanthesh's session was based on the effective mitigation of the tobacco industry interference in compliance with the city municipal council, Chikmagalur. Deputy Commissioner instructed Commissioner City Municipal Corporation to cancel the MoU which was signed with Indian Tobacco Company (ITC) on Waste Management (WoW project) on 28th August 2017. But, Commissioner delayed the action. But somehow, ITC succeeded to use its money and political power, revived MoU cancellation in Dec 2019, he added. Talking about the results of this intervention, Mr. Mahanthesh, stated that the Indian Tobacco Company is nowhere showing its logo. Some recommendations that were put forward by him included the sensitizing of the tobacco control officials at the state and district levels which is of key importance for the effective enforcement of laws.

Session 2: TII through CSR in Bengal- A case Study

Mr. Nirmalya Mukherjee, Director, and Head- Health Service Delivery, ICT, Tobacco Control, Research, and Community Media; at MANT, Kolkata



Mr. Nirmalya kicked off the session by pointing out the tobacco industry has been supporting government-sponsored schemes in the name of development for attracting the community. He further added that West Bengal is the home of the largest cigarette manufacturing company i.e. Indian Tobacco Company (ITC) which is the obvious reason why tobacco corridor interference is higher here. Further, he highlighted the various activities which were taken into force during the mission including "Suheraha Kal" in collaboration with police and different health departments. He concluded with the fact that there is a scope that we can ask the government officials not to participate in such events, which will detour the tobacco industry's interference.

Session 3: Tobacco Industry Interference: A Case Study from Bihar

Mr. Deepak Mishra, Executive Director with Socio-Economic and Educational Development Society (SEEDS), New Delhi, India.



PROGRAM PROCEEDINGS

Talking about certain instances of TI interference in Bihar, Mr. Deepak mentioned that due to upcoming elections in the state the TI was able to impose on the government to reduce taxes on tobacco products. In 2012 Bihar became the 3rd state to ban smokeless tobacco. Due to this ban, even the volunteers and tobacco control advocates were threatened by the tobacco industry and offered a bribe to withdraw the ban. He further enlightened us on the fact that the previous year pan masala was also banned in the state. In addition to all this, he also discussed the vendor licensing order, which was first of its kind in the country, and it was introduced by Patna municipal corporation.

Session 4: Application of Artificial Intelligence and Research in Agriculture or Healthcare Sector

Dr. Preethi Pradhan, Dean, Chitkara School of Health Sciences, Chitkara University, Chandigarh

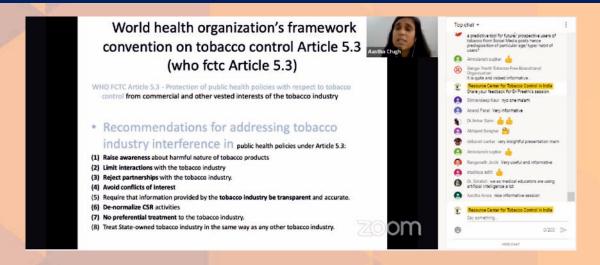


Dr. Preethi Pradhan raised a very interesting topic of artificial intelligence which is rapidly picked up by healthcare for its myriad benefits. She added that this application is also used by agricultural scientists to improve cultivation. Further, she raised the question of whether there is a wider range of artificial intelligence that would prevent tobacco-related diseases in human beings. She emphasized the fact that this research is relevant if we are concerned about protecting youth from tobacco and nicotine use. To encourage wide application of AI in all stages of tobacco use from preventing initiation of usage or habit via proactive initiation of usage or habit to AI application for discontinuing the habit via proactive promotion in this application; were some of the key recommendations given by the speaker for the effective use of artificial intelligence for tobacco control.

PROGRAM PROCEEDINGS

Session 5: Implementation of who FCTC article 5.3 in India

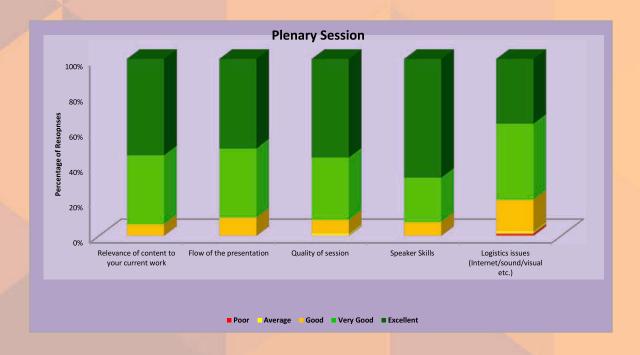
Dr. Aastha Chugh, Research Officer - HRIDAY, New Delhi

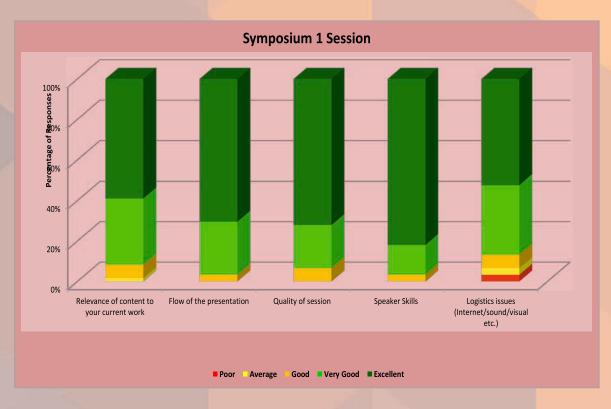


Dr. Astha Chugh began the session by addressing the importance of Article 5.3 of FCTC in curbing the tobacco industry interferences by following the guidelines as mentioned in the article. She added that just to assess the implementation of Article 5.3 in India, the first tobacco industry interference index was conducted which was based on the South-East Asia alliance. She added that according to the first Asian report on tobacco industry interference, India is on 4th from the bottom among 14 Asian countries. Dr. Aastha Chugh said that the results also showed progress and efforts made by various states in adopting and implementing Article 5.3 notifications in their jurisdictions.

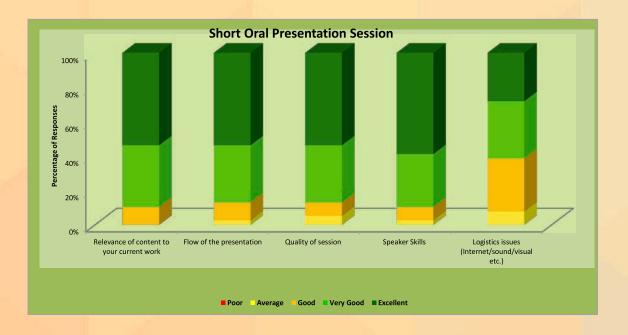


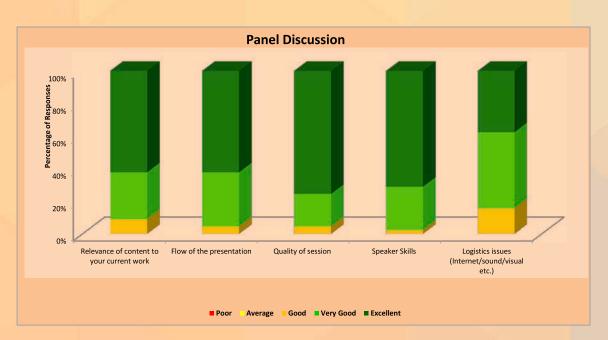
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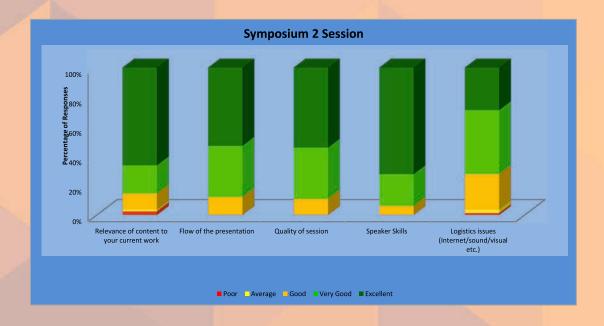


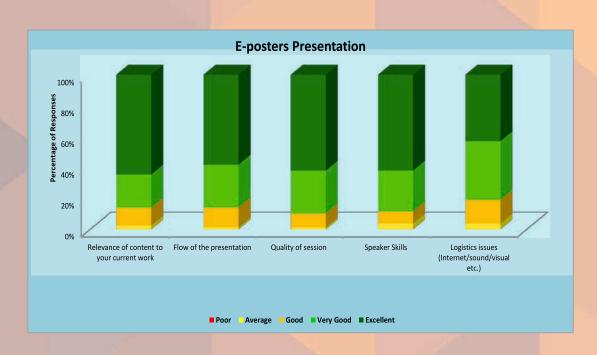
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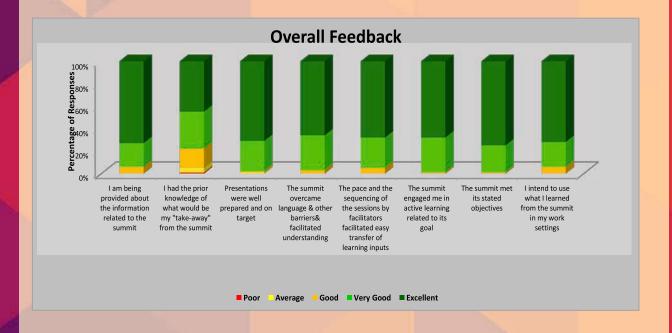


Qualitative Feedback





Qualitative Feedback



FACILITATOR SPEAK



It was indeed a very special WNTD. It was an experience to recon with. The program was very fine. The scientific quality was not compromised in any way and event was uninterrupted. The versatile marketing and promotion abilities were tremendous.

Dr Mira B Aghi, Behavioral Scientist & Communication Expert



Thank you for the opportunity to be part of this great national summit. It was wonderful to present at the summit.

Dr. Amit Yadav,
Post- Doctoral Scholar,
Centre for Tobacco
Control Research and
Education,
University of California,
USA

PARTICIPANT SPEAK

The entire Summit was very well organized and hassle free inspite of being online. The sessions were very informative and comprehensive.

Dr. Vandana Shah, Professor & Head, Department of Oral & Maxillofacial Pathology, K M Shah Dental College & Hospital, Vadodara

Facebook, Twitter and Youtube Account









RCTC PGI

135 Tweets



RCTC PGI @RCTCPGI - May 29

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Dr @sonugoel007 Mr @Rakesh1953 concluding the E-poster presentation on How to protect youth from Tobacco exploitation @TheUnion_TBLH @thePHFI @WHO @FCTCofficial @MoHFW_INDIA @WHOSEARO @Hriday_Org @Swasticharan @ayadav24 @chugh_aastha

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This World No Tobacco Day, let's save our youth from the adverse effects of tobacco/nicotine use. Be a part of National Summit by clicking:

forms.gle/FJPKt485FmbUA8....

@nctoh2020

@WHO @TheUnion_TC @thePHFI #WNTD2020 #WorldNoTobaccoDay pic twitter com/TzMO1VIY9r



Top Tweet earned 506 impressions

Dr @chugh_aastha very beautifully explaining about Implementation of WHO FCTC Article 5.3 in India through a poster in #WNTD2020 @thePHFI @Hriday_Org @WHO @WHOSEARO @FCTCofficial

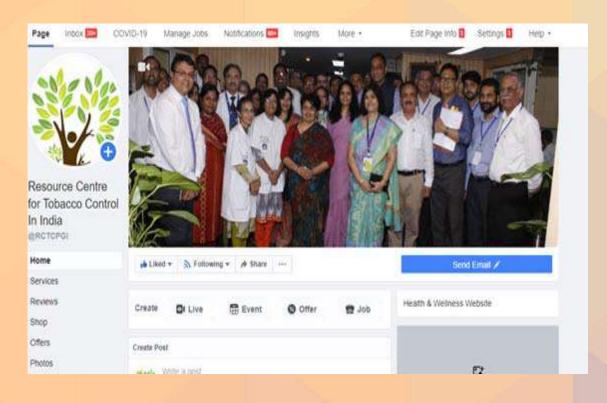
@TheUnion_TBLH @DrMonikaArora

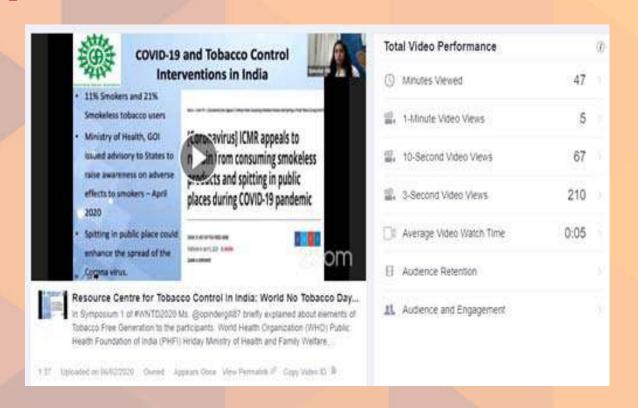
@BannaGupta76 @pranaylal @MoHFW_INDIA

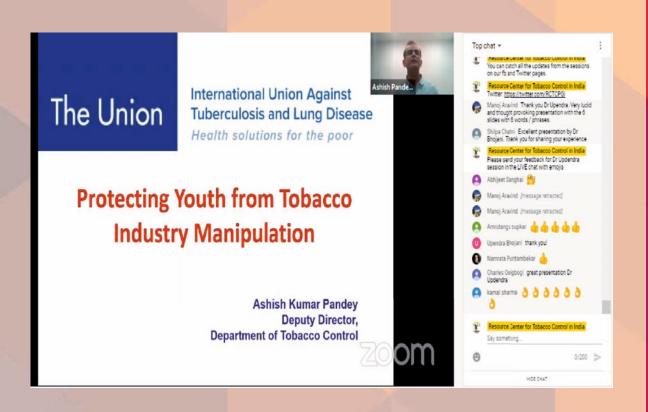
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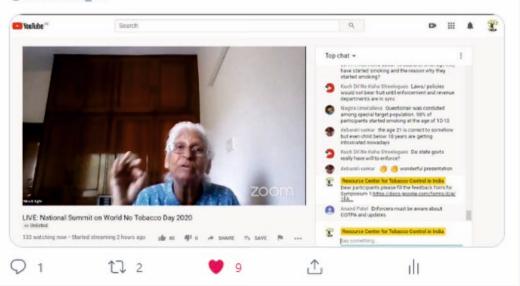




RCTC PGI @RCTCPGI · May 29

Dr Mira Aghi, Behavioral Scientist,

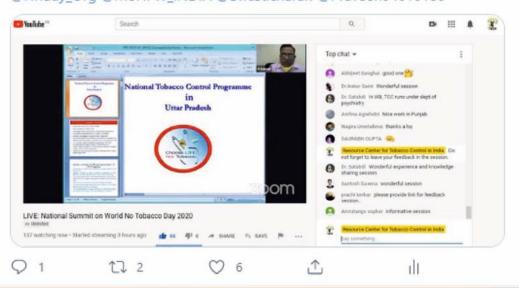
@WHO conclude the 1st Symposium Session on Achieving Tobacco Free Generation by appreciating the speakers of the session and said we have to empower our young people to quit tobacco. @opindergill87 @ayadav24 @TheUnion TC





RCTC PGI @RCTCPGI · May 29

Dr Alok, Joint Director Health explained the NTCP activities in U. P. In a short presentation session#WNTD2020 @TheUnion_TC @DrMonikaArora @pranaylal @Rakesh60Mahajan @sonugoel007 @nctoh2020 @thePHFI @Hriday_Org @MoHFW_INDIA @Swasticharan @Praveen04616180

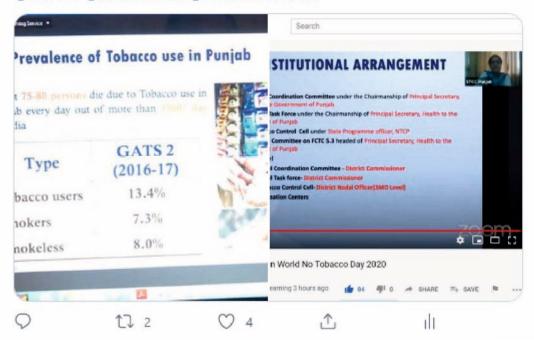




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Dr Nirlep presented briefly the scenario of Advancing NTCP at Punjab State in #WNTD2020

@TheUnion_TC @DrMonikaArora @pranaylal @Rakesh60Mahajan @sonugoel007 @nctoh2020 @thePHFI @Hriday_Org @MoHFW_INDIA @thePHFI @Swasticharan @Praveen04616180





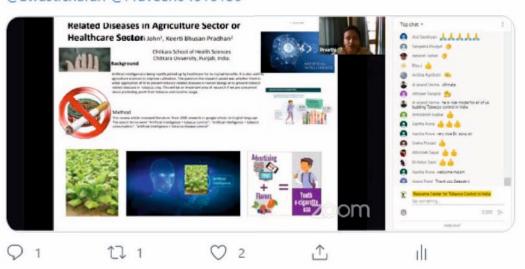
RCTC PGI @RCTCPGI · May 29

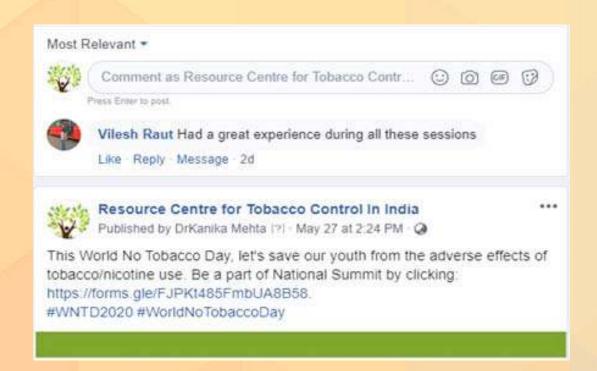
Dr. @preethijohn0518 explaining about Tobacco related diseases in Agriculture Sector at #WNTD2020 through poster

@TheUnion_TC @DrMonikaArora @pranaylal @Rakesh60Mahajan

@sonugoel007 @nctoh2020 @thePHFI @Hriday_Org @MoHFW_INDIA

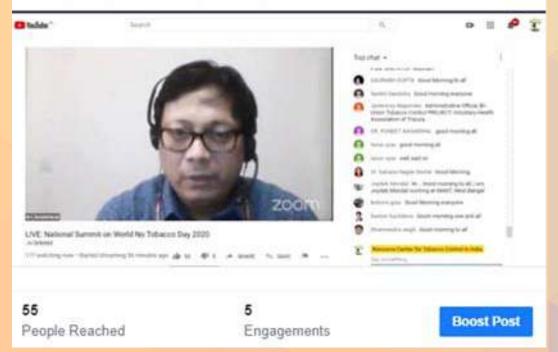
@Swasticharan @Praveen04616180



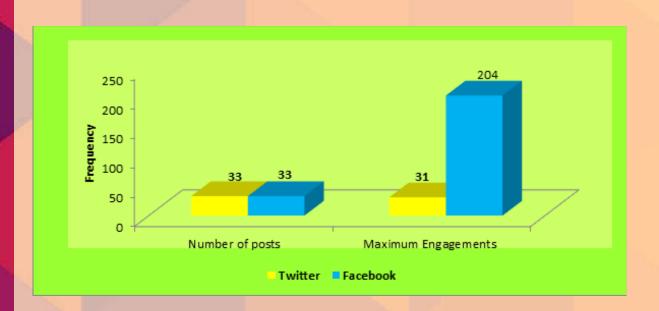




Dr. L.Swasticharan, Additional Deputy Director General of Health Services, NTCP, Ministry of Health and Family Welfare, Government of India, highlights the meaning of #WNTD2020 theme: Protecting youth from industry manipulation and preventing them from #tobacco and #nicotine use.



MEDIA COVERAGE







MEDIA COVERAGE



PGI Chandigarh All Set To Host National Summit On World No Tobacco Day 2020

m May 28, 2020 . Update Punjab . Deave A Comment









Chandigarh in collaboration with Strategic Institute of Public Health Education and Research (SIPHER) and The Union South-East Asia (The Union) will be hosting a National Summit on World No Tobacco Day 2020. Honourable Health Minister, Govt of Jhankhand, ShBanna Gupta will be joining as the Chief Guest of the national summit. Dr RP Gupta, President, International College of Dentists, Section VI (India, Sri Lanka & Nepal); Dr Ashok Ohobie, Hon. Secretary General, India Dental Association, HO Mumba; and Ma. Vineet K Gill, National Professional Officer (TFI), World Health Organization, India Office, New Delhi will grace the summit as the Guest of Honour

पीजीआई चंडीगढ़ विश्व तंबाकू निषेध दिवस सम्मेलन की करेगा मेजबानी

चंडीगढ़, विनोद कुमार। ई-रिसोर्स सेंटर फॉर टोबैको कंट्रोल (ई-आरसीटीसी) कम्युनिटी मेडिसिन और स्कूल ऑफ पब्लिक हेल्थ के तहत, पीजीआईएमईआर चंडीगढ़ स्ट्रैटेजिंक इंस्टीट्यूट ऑफ पब्लिक हेल्थ एजुकेशन एंड रिसर्च (सिपर्स) और द यूनियन साउथ-ईस्ट एशिया (द यूनियन) के सहयोग से विश्व तंबाकू निषेध दिवस 2020 पर एक राष्ट्रीय शिखर सम्मेलन की मेजबानी करेगा। इसमें माननीय स्वास्थ्य मंत्री, झारखंड सरकार, राष्ट्रीय शिखर सम्मेलन के मुख्य अतिथि के रूप में शामिल होंगे। डॉ. आरपी गुप्ता, अध्यक्ष, इंटरनेशनल कॉलेज ऑफ डेंटिस्ट, सेक्शन VI (भारत, श्रीलंका और नेपाल); डॉ. अशोक धोबल, माननीय इंडिया डेंटल एसोसिएशन, हो मुंबई के महासचिव और सुश्री विनीत के गिल, राष्ट्रीय व्यावसायिक अधिकारी (टीएफआई), विश्व स्वास्थ्य संगठन, भारत कार्यालय, नई दिल्ली सिमट में गेस्ट ऑफ ऑनर के रूप में भाग लेंगे। इवेंट के बारे में बात करते हुए, प्रो सोनू गोयल, सामुदायिक चिकित्सा और स्कूल ऑफ पब्लिक हेल्थ, पीजीआईएमईआर, चंडीगढ़ / निदेशक ई-आरसीटीसी के विभाग ने कहा, "प्रत्येक वर्ष, तंबाकू से होने वाली बीमारियों से 7 मिलियन से अधिक तंबाकू उपयोगकर्ता मर जाते हैं। डॉ. राणा जे सिंह, उप क्षेत्रीय निदेशक, द यूनियन साउथ-ईस्ट एशिया (द यूनियन), नई दिल्ली ने कहा कि संघ ने ई-सिगरेट की बिक्री पर रोक लगाने की पुरजोर वकालत की है। उन्होंने भारत सरकार की प्रशंसा की जिसने आम जनता और युवाओं को विशेष रूप से निकोटीन की लत से बचाने के लिए दिसंबर 2019 में ई-सिगरेट अधिनियम का निषेध किया। उन्होंने आगे कहा कि यह शिखर सम्मेलन विभिन्न तंबाक् नियंत्रण अनुभवों को सांझा करने के लिए एक बड़ा मंच होगा। तम्बाक् और एनसीडी नियंत्रण, डेंटल साइंसेज, और सार्वजनिक स्वास्थ्य के क्षेत्र के विशेषज्ञ दुनिया भर के राष्ट्रीय परामर्शी नियंत्रण कार्यक्रम (एनटीसीपी) को मजबूत बनाने पर अपनी बहुमूल्य अंतर्दृष्टि साझा करने के लिए महत्वपूर्ण परामर्श में भाग लेंगे।

पीजीआइ विश्व तंबाकू निषेध दिवस पर करवाएगा राष्ट्रीय शिखर सम्मेलन

हर साल तंबाकू से मरते हैं सात मिलियन लोग

जागरण संवादवाता, चंडीगढ : पीजीआइ चंडीगढ़ इस बार विश्व तंबाकू निषेध दिवस पर राष्ट्रीय शिखर सम्मेलन की मेजबानी करेगा। 31 मई को विश्व तंबाकू निषेध दिवस मनाया जाएगा। पीजीआइ के कम्युनिटी मेडिसन और स्कुल ऑफ पब्लिक हेल्थ के तहत ई-रिसोर्स सेंटर फॉर टोबैको कंट्रोल (ई-आरसीटीसी) स्टेटेजिक इंस्टीट्यट पब्लिक हेल्थ एजुकेशन एंड रिसर्च (सिपर्स) और द यूनियन साउथ-ईस्ट एशिया (द यूनियन) के सहयोग से विश्व तंबाकू निषेध दिवस 2020 पर एक राष्ट्रीय शिखर सम्मेलन की मेजबानी करने जा रहा है। इस राष्ट्रीय सम्मेलन में झारखंड के स्वास्थ्य मंत्री शबाना गुप्ता मुख्य



पीजीआइ • जागरण आर्काइव

अतिथि रहेंगे।

जबकि इंटरनेशनल कॉलेज आफ डेंटिस्ट के प्रेसिडेंट डॉ. आरपी गुप्ता, इंडिया डेंटल एसोसिएशन के सेक्रेटरी जनरल डॉ. अशोक धोबल, एचओ मुंबई, नेशनल प्रोफेशनल ऑफिसर (टीएफआइ) की विनित के गिल और विश्व स्वास्थ्य संगठन के अधिकारी मौजूद रहेंगे।

ई–सिगरेट पर लगाई जाए रोक

चंडीगढ पीजीआइ के कम्युनिटी मेडिसिन एंड स्कूल ऑफ पब्लिक हेल्थ के प्रो . सोनू गोयल ने बताया कि प्रत्येक वर्ष तंबाकू से होने वाली बीमारियों से सात मिलियन से लोग अधिक तंबाकू के सेवन से मर जाते हैं। वहीं, द युनियन

साउड-ईस्ट एशिया के डिप्टी रीजनल डायरेक्टर डॉ. राणा जे सिंह ने बताया कि युनियन की ओर से ई-सिगरेट और गर्म तंबाक की बिक्री पर रोक लगाने की पुरजोर वकालत की है। इसे जल्द ही बंद करवाया जाएगा।

सम्मेलन में वांग्लादेश, श्रीलंका और मालदीव के विशेषज्ञ होंगे शामिल

पीजीआइ में 31 मई को होने वाले इस राष्ट्रीय सम्मेलन में बांग्लादेश, श्रीलंका और मालदीव के विशेषज्ञ शामिल होंगे। इस बार वर्ल्ड नो

टोबैको डे का विषय युवाओं का उद्योग द्वारा शोषण रोकने और उन्हें तंबाकू और निकोटिन के सेवन करने से रोकना है।

MEDIA COVERAGE

तंबाकु निषेध दिवस आज शहर के युवाओं में बढ़ रही हुक्के की लत ने खोखले किए स्मोक फ्री सिटी के दावे

एक सिगरेट खत्म करती है जिंदगी के 15 मिनट

विशाल पाठक•चंडीगढ़

एक सिगरेट व्यक्ति के जिंदगी के . 15 मिनट खत्म कर देती है। यह कहना है पीजीआइ के कम्युनिटी मेडिसिन एंड स्कूल ऑफ पब्लिक हेल्थ के प्रो. सोनू गोयल का। उन्होंने बताया कि यह बात कई रिसर्च में साबित हुई है। डॉ. सोन गोयल ने बताया तंबाक का सेवन जानलेवा है। पिछले कई सालों में युवाओं में हुक्का पीने का चलन बढ़ा है। चंडीगढ़ देश की पहली स्मोकिंग फ्री सिटी घोषित की गई है। इसके बावजूद शहर में तंबाकू का सेवन बढ़ा है। इस बार पीजीआइ 31 मई को विश्व तंबाकु निषेध दिवस पर वेबिनार के जरिये राष्ट्रीय शिखर सम्मेलन की मेजबानी करने जा रहा है।

हक्के का एक सेशन तीन डिब्बी सिगरेट पीने के बरबार

डॉ. सोनू ने बताया कि युवाओं में बढ़ रही हक्के पीने की लत जानलेवा साबित हो रही है। कई रिसर्च में यह साबित हुआ है कि हुक्के का एक सेशन जोकि आधे घंटे का होता है। हक्के का एक सेशन का मतलब है, युवा आधे घंटे में तीन डिब्बी सिगरेट पी रहे हैं। तंबाकू और निकोटिन के सेवन से युवाओं को हार्ट स्ट्रोक और कैंसर जैसी जानलेवा बीमारी हो रही है।

पूरे देश में 15 साल से ऊपर 27 करोड़ लोग | करते हैं तंबाकू का सेवन

डॉ. सोनु ने बताया कि एक सर्वे रिपोर्ट के मुताबिक पूरे देश में 15 साल से उपर के 27 करोड़ लोग तंबाकू (सिगरेट, बीड़ी और हुक्का) का सेवन करते हैं। स्मोंकिंग करने या तंबाकू के सेवन से लोगों में ब्रेन स्ट्रोक, दिल की बीमारियां और कैंसर का खतरा बढ़ रहा है।

नॉर्थ ईस्ट शहर में सबसे ज्यादा हो रहा तंबाकू का सेवन

ग्लोबल एडल्ट टोबैको सर्वे इंडिया रिपोर्ट के मुताबिक पुरे देश में तंबाकु का सबसे ज्यादा सेवन नॉर्थ ईस्ट राज्यों में हो रहा है। नॉर्थ ईस्ट के मिजोरम में 34.4 प्रतिशत लोग तंबाकू (सिगरेट, बीड़ी और हुक्का) का सेवन करते हैं। इसी तरह मेघालय में 31.6 प्रतिशत लोग, त्रिपुरा में २७.७ प्रतिशत लोग और अरुणाचल प्रदेश में 22.7 प्रतिशत लोग तंबाकू का सेवन करते हैं।

पंजाब से ज्यादा हरियाणा और चंडीगढ़ में होता है तंवाकू का सेवन

सर्वे रिपोर्ट के मुताबिक पंजाब से ज्यादा हरियाणा और चंडीगढ़ में तंबाकू का सेवन होता है। पंजाब में 7.3 प्रतिशत लोग तंबाकू (सिगरेट, बीडी और हुक्का) का सेवन करते हैं। जबकि हरियाणा में 19.7 प्रतिशत और चंडीगढ में 9.4 प्रतिशत लोग तंबाकू का सेवन करते हैं।

विश्व तंबाकू निषेध दिवस पर इस वार की थीम

इस बार वर्ल्ड नो टोबैको डे का विषय तंबाकू और निकोटिन का सेवन करने से युवाओं को रोकना है। इस वेबिनार में झारखंड के स्वास्थ्य मंत्री शबाना गुप्ता मुख्य अतिथि रहेंगे। इंटरनेशनल कॉलेज ऑफ डेंटिस्ट के प्रेसिडेंट डॉ. आरपी गुप्ता, इंडिया डेंटल एसोसिएशन के सेक्रेटरी जनरल डॉ. अशोक धोबल, एचओ मुंबई, नेशनल प्रोफेशनल ऑफिसर (टीएफआइ) की विनित के गिल और विश्व स्वास्थ्य संगठन के अधिकारी मौजुद रहेंगे।



तम्बाक् नियंत्रण पर स्पर्धा के विजेता पुरस्कृत

उसई, दीपशिखा विद्यालय उन्हों में बेंद्र सरकार की तंबाक़ से मृक्ति एवं युक्त्यान रोकने कार्यक्रम चलाया रथा. निवृत्त के स्वास्थ्य केंद्र के स्टाक द्वारा कार्यकाला एवं हाईन कंपटीशन का अस्त्रोजन किया गया, कार्डसला रीन वर्म ने प्रोजेक्टर के माध्यम से विद्यार्थियों को तबाक एवं तबाक उत्पादों के मेवन से होने बाले दृष्यरियाम को जानकारी दी, उन्होंने नता एवं नहां के कारण, धारपान के विशिध प्रकार, तंबाक उत्पादी के सेवन से नुकरवन, ध्रम्रपान छोड़ने के उत्तव आदि विवयों पर बिमनुत जानकारी दी. बच्चों में इसके लिए जनरूकता लाने तेत् इससे संबंधित हाईन प्रतिवोगित का आयोजन स्टाफ नमं तृष्टि सह के मार्गदर्शन में किया गया. विद्यालय के लगभग 50 बच्चों ने भाग लिया 'उत्कष्ट चित्रकारी पर प्रथम 3 विद्यादियों को प्रमाण पत्र एवं आकर्षक उपातर प्रदान किए गर, जिसमें कक्षा चारत में की कुमारी वसूचा वर्मा प्रथम कक्षा ग्यारत में की कुमारी केन् राजवाल द्वितीय तथा कथा 1,7वीं से कुमारी भूमिका तृतीय स्वान अर्जित की 'विद्यालय के प्राच्यार्व के आर सिन्दा ने विद्यावियों से तंबाक एवं इनके उत्पादों के सेवन से दर रहने की अधील की.

देश में हर साल तंबाकू से होती है सात लाख लोगों की मौतः प्रो. सोनू गोयल

सिटी रिपोर्टर | चंडीगढ

देश में हर साल तंबाकू के उत्पादों के इस्तेमाल करने से विभिन्न गंभीर रोगों के कारण 7 लाख लोग मौत के मृंह में जाते हैं। यह जानकारी वीरवार को पीजीआई के स्कूल आफ पब्लिक हेल्थ डिपार्टमेंट के प्रो. सोनू गोयल ने नेशनल वेबिनार में दी। उन्होंने बताया कि देश में तंबाकू बनाने वाली कंपनियां यवाओं को गुमराह कर अपने प्रोडक्ट्स बेचकर उनकी हेल्थ से खिलवाड़ कर रही हैं।कंपनियों की ओर से फ्लाइट के डिजाइन, इससे होने वाले नुकसान को कम बताया जाता है।

FEEDBACK FORM

Webcast on National Summit on World No Tobacco Day 2020

DEPARTMENT OF COMMUNITY MEDICINE &SCHOOL OF PUBLIC HEALTH, PGIMER CHANDIGARH

29th May 2020 at 10:00 AM

This feedback is to assess whether the learning objectives of the module were achieved. Kindly reflect carefully. *Tick mark* on the scale of 1 (poor) to 5(excellent)

Overall Feedback Form

S.No	Particulars	1😕	2	3	4	5 ⊚
1	I am being provided about the information related to the summit					
2	I had the prior knowledge of what would be my "take-away" from the summit					
3	Presentations were well prepared and on target				1.4	
4	The summit overcame language & other barriers& facilitated understanding					
5	The pace and the sequencing of the sessions by facilitators facilitated the easy transfer of learning inputs					
6	The summit engaged me in active learning related to its goal					
7	The summit met its stated objectives					
8	I intend to use what I learned from the summit in my work settings					

9.	What are the three things yo	ou really like about this summit?	
	1.		
	2.		
	3.		
10.	Any suggestions you would	like to offer for future programs.	
Sessi	on wise feedback		

Webcast on

National Summit on World No Tobacco Day 2020

DEPARTMENT OF COMMUNITY MEDICINE &SCHOOL OF PUBLIC HEALTH, PGIMER CHANDIGARH

FEEDBACK FORM

29th May 2020 at 10:00 AM

This feedback is to assess whether the learning objectives of the module were achieved. Kindly reflect carefully. *Tick mark* on the scale of 1 (poor) to 5(excellent)

Session wise feedback form

S. No	Particulars	1😕	2	3	4	5 ⊚
1	The relevance of content to your current work					
2	The flow of the presentation					
3	Quality of session					
4	Speaker Skills					
5	Logistics issues (Internet/sound/visual etc.)					

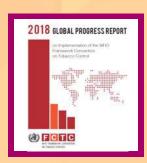


To catalyze tobacco control activities in the country and facilitate in fostering tobacco control partnerships.

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Publications



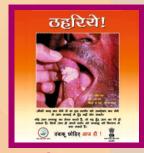
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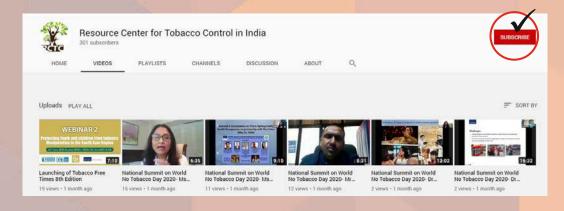


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Post Graduate Institute of Medical Education & Research, Chandigarh

Who We Are

The Postgraduate Institute of Medical Education and Research (PGIMER) is based in Chandigarh (city beautiful in North India) and was established in 1962 by then Prime Minister of India, Pt. Jawaharlal Nehru. It was declared as an Institute of National Importance by an Act of Parliament of India on 1st April 1967 and is currently an autonomous body functioning directly under the Ministry of Health and Family Welfare, Government of India. PGIMER has almost all specialties and super-specialties departments. The Department of Community Medicine was instituted in 1977 with the purpose of developing effective models of health service delivery for rural communities and for providing community health orientation to public health professionals. To address emerging challenges in public health education and research, the Depaitment of Community Medicine was upgraded to School of Public Health (SPH) in the Tenth Five Year Plan of India (200206).

What We Do

Department of Community Medicine and School of Public Health conduct post-graduate teaching programmes and short-term training courses on various public health issues. Besides, we are also involved in several research projects in collaboration with national and international organizations (like DBT, ICMR, WHO, UNICEF, UNFPA, DFID, MOH & FW, and MOE&F etc.) and state governments. We also provide consultancy services to state and central health services on public health matters and national programs/projects. Each year nearly 45 training programs are conducted with an average attendance of 30 participants per course. We also deliver population based health services to approximately 80,000 population in rural, urban and slum communities of Haryana, Punjab and Chandigarh. SPH has developed various public health models which have been successfully scaled and replicated across country.

What We Offer

We offer regular Doctor of Philosophy (PhD), Doctor in Medicine (MD), Post Graduate Diploma in Public Health Management (PGDPHM), and Masters of Public Health (MPH) along with various short-term courses in areas of epidemiology, health management, health promotion, communicable and non-communicable diseases.



5th National Conference on Tobacco or Health (NCTOH)

Theme

"Multisectoral convergence for Tobacco-Free India by 2030: Leading the way towards SDGs"

25[™]-27[™] September 2021

Organised by

Department of Community Medicine & School of Public Health, PGIMER, Chandigarh

CONFERENCE SECRETARIAT:

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